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## Useful Web Links

Stepping into ... Stepping into ... is a four week paid internship program running during the Winter and Summer semester breaks.

The Brainary: Educational resources for university students Education resources published by The Brainary include books that will assist university students experiencing ADD, ADHD, learning disabilities, autism spectrum disorders and more.

Audio Description – The Ouch Guide Ouch Guide to ... Audio Description – This is a comprehensive guide to everything relating to Audio Description in the United Kingdom, with links to many other relevant sites.

Autism & Asperger Syndrome: Wrong Planet Wrong Planet is a web community designed for individuals (and parents and doctors of those) with Asperger Syndrome, Autism, ADHD and other PDDs (Pervasive Developmental Disorders)

Broaden Your Horizons Broaden Your Horizons is a centralised website that houses resources relating to young people with disabilities. This resource is dedicated to provide quality career and transition information and sup...

Deafness Forum: Scholarship – Post Secondary Ed. Deafness Forum provide educational scholarships to facilitate the participation of people who are deaf, or people who have a hearing impairment, in post secondary education.

DEEWAR: Going to Uni The Going to Uni website is an information source for prospective and continuing higher education students from the Department of Education, employment and Workplace Relations (DEEWAR).

Disability Studies Quarterly (DSQ) – Journal Disability Studies Quarterly (DSQ) is the journal of the Society for Disability Studies (SDS). It is a multidisciplinary and international journal of interest to social scientists, scholars in the hum ...

Mental Health: MoodGYM training program delivering cognitive behaviour therapy for preventing depression.

Mental Health Schizophrenia Fellowship of NSW Inc. This site strives to promote a society in which people with mental illness are valued and treated as equals. It is committed to improving circumstances .

University Students With Autism And Aspergers Syndrome A useful UK based site which addresses the needs of university students with Autism. The site includes FAQs, study skills tips, books and articles, useful links and listserv.

# GOVERNMENT SERVICES

For further information contact your local council directory of services -

- Sutherland Council: [www.sutherland.nsw.gov.au](http://www.sutherland.nsw.gov.au)
- Hurstville Council: [www.hurstville.nsw.gov.au](http://www.hurstville.nsw.gov.au)

| Organisation  | Address                               | Contact   | Phone   | Fax       | Target   |
|---|---------------------------------------|---|---|-----------|--|
| Ageing, Disability & Home Care (ADHC)<br>Dept of Human resources<br>arlene.carter@dhs.nsw.gov.au<br>www.adhc.nsw.gov.au   | 390 Forest Rd<br>Hurstville 2220      | Arlene Carter - Student<br>Occupational Therapist | 9297 6000   | 9297 6130 | People with disabilities, school leavers & older people. Speech Therapy, Occupational Therapy, Case Management & Hydrotherapy. |
| Centrelink - For Job Capacity Assessments,<br>Career Information Centres and other enquiries<br>www.centrelink.gov.au<br><br><i>Indigenous Services Officer</i><br>One Sydney - Sutherland/St George<br>36 Eton St Sutherland NSW 2232<br>Ph: 9545 9983 Mob: 0403 297 322 Fax: 9545 9999<br>jeremy.heathcote@centrelink.gov.au<br>Locked bag 5 Regents Park DC NSW 2143 | 2-14 Meredith St<br>Bankstown 2200    | <b>Access Team</b>                                | <b>Call Centre<br/>132 717<br/>Disabilities<br/>Support</b> | 9205 1199 | People with disabilities and carers.<br>Access team will guide through a range of services.                                    |
|   | 19-21 Anglo Rd<br>Campsie 2194        |   |   | 9784 7299 |  |
|   | 15-21 President Ave<br>Caringbah 2229 |   |   | 9545 8099 |  |
|   | 75 Railway Pde<br>Rockdale            |   |   | 9582 2299 |  |
|   | 430 Forest Rd<br>Hurstville 2220      |   |   | 8512 2099 |  |
|   | Croydon St<br>Lakemba 2195            |   |   | 9784 6899 |  |
|   | 1-3 Macarthur Ave<br>Revesby 2212     |   |   | 8707 8099 |  |
| PO Box 506<br>Sutherland 1499<br>(36 Eton St)   | 9545 9999                             |   |   |           |  |

# GOVERNMENT SERVICES

| <b>Organisation</b>   | <b>Address</b>                         | <b>Contact</b>                            | <b>Phone</b>                        | <b>Fax</b> | <b>Target</b>  |
|---|--|---|-------------------------------------|------------|--|
| Child Protection Help Line  |  |   | 132 111                             |            | To report a child in serious danger.   |
| Department of Veteran Affairs Home Care Program   |  |   | 1300 550 450                        |            | Veterans who hold a Gold or White card   |
| Department of Juvenile Justice (NSW) Head Office  | Level 24, 477 Pitt st<br>Sydney 2000.  |   | 9219 9400                           | 9219 9500  |  |
| Home Care Service of NSW - St George<br>9297 6100   | PO Box 96<br>Hurstville 1485           | Irene Strong                              | 1800 350 792                        | 9841 9133  | People with disabilities and frail aged,<br>assessment for eligibility needed. St George           |
| Home Care Service of NSW - Sutherland<br>8536 8800  | PO Box 341<br>Sutherland 1499          | Sandra Davidson                           |                                     |            | People with disabilities and frail aged,<br>assessment for eligibility needed. Sutherland<br>area. |
| Hurstville Council, Community Development<br>Worker - Aged and Disability   | PO Box 205<br>Hurstville BC 1481       | TBA                                       | 9330 6091                           |            | People with a disability, carers, disability service<br>organisations.                             |
| Kogarah Council, Community Services Officer -<br>Aged and Disability<br>ibtasam.hammoud@kogarah.nsw.gov.au        | Locked Bag 8,<br>Kogarah 2217          | Ibtasam Hammoud                           | 9330 9455                           | 9330 9421  | People with a disability, carers, disability service<br>organisations. Accredited training centre. |
| Metro South East Disability Services  | 390 Forest Rd<br>Hurstville 2220       | Jeff Watts -<br>Access Manager            |                                     |            | Adults with Intellectually Disability requiring<br>service, information & support.                 |
| Rockdale Council.<br>Age and Disability Specialist  | PO Box 21<br>Rockdale 2216             | Carol Arrowsmith                          | 9562 1862                           | 9562 1777  | People with a disability, carers, disability service<br>organisations.                             |
| Sutherland Shire Council, Community<br>Development Officer - Disability and Projects<br>www.sutherland.nsw.gov.au | Locked Bag 17<br>Sutherland 1499       | Disability Service<br>Team. Helen Laverty | 9710 0602<br>9710 0422<br>9710 0425 | 9710 0594  | People with a disability, older people, carers,<br>disability service organisations.               |
| St George Community Services, Department of<br>Human Services   | Level 4, Butlers Rd<br>Hurstville 2220 | Reception                                 | 9585 7222                           |            | Safety and well being of young people<br>pre-birth to 18 yrs. Closed Thursday until noon.          |

## DES Disability Employment Services - (Employment Agencies)

There are 2 levels of DES - Disability Management Service DMS, Support given for 6 - 12 months after commencement of employment;  
Employment Supported Service ESS, support given for 18 - 24 months after commencement of employment.

| Organisation   | Address   | Contact                       | Phone                                     | Fax       | Other Details  |
|--|---|-------------------------------|---|-----------|--|
| 121 Employment (DSA) (ESS)<br>serviceaccess@dsa.org.au<br>www.dsa.org.au   | Suite 1, 199 Regent St.,<br>Redfern 2016<br>PO Box 3234 Redfern 2016      | Service Access                | 1300 372 121                              | 9708 1693 | Sydney Metropolitan<br>Mental Illness, Intellectual Disability.<br>People with a disability whose goal is to find<br>employment. Other offices at Auburn and Mascot. Ring<br>general number for further information. |
|  | 3A Stapleton Ave.,<br>Sutherland 2232                                     |                               |   |           |  |
|  | 4/400 Chapel Rd.,<br>Bankstown 2200<br>PO Box 3124 Bankstown 2200         |                               |   |           |  |
| Aboriginal Employment Strategy<br>(ESS & DMS)<br>www.aes.org.au  | 1-9 Glebe Pt Rd<br>Glebe 2037   | Jamie Hady and<br>Kirra Homer | 8571 0900<br>8571 0910                    | 8571 0910 | Aboriginal & Torres Straight Islanders with <u>or</u> without<br>disabilities. Training, mentoring, interviews, resumes.<br>Traineeships/apprenticeships travel & clothing<br>assistance.                            |
| AFFORD (ESS)<br>link@afford.com.au<br>www.afford.com.au  | 50 Jemma Rd<br>Prestons 2170  | AFFORD Link<br>Coordinator    | 8784 2900                                 | 9607 4534 | Open employment and supported employment service.<br>Liverpool, Campbelltown & Blacktown. TTW at<br>Marrickville.  |
| APM - Advanced Personnel<br>Management (DMS)<br>sutherland.es@apm.net.au<br>kingsgrove.es@apm.net.au<br>hurstville.es@apm.net.au<br>www.apm.net.au | Suite 2a, Level 1<br>41 Eton St.,<br>Sutherland 2232                      | Chris Cavallaro               | 9521 6600<br>1300 366 047<br>0412 262 344 | 9542 3893 | Assists people with with a disability or health condition<br>including learning, behavioural, physical, sensory,<br>mental health and ABI (Aquired Brain Injury) to find and<br>keep a job.                          |
|  | Synergy Service Offices<br>Level 1 , 564 Princes Highway<br>Rockdale 2216 | Chris Cavallaro               | 1300 366 047<br>0412 262 344              | 9542 3893 |  |
|  | Level 6, Suite 261<br>7-11 The Avenue Hurstville 2220                     | Melissa Carey                 | 8558 8900<br>1300 366 047                 | 8558 8988 |  |

# DES Disability Employment Services - (Employment Agencies)

| Organisation  | Address   | Contact                         | Phone                                      | Fax       | Other Details  |
|---|---|---------------------------------|--|-----------|--|
| Break Thru Employment People Solutions (ESS, DMS, JSA (Job Network), TTW at various locations). (Care Employment merged with Break Thru) jobs@breakthru.org.au www.breakthru.org.au www.btp.com.au Freecall: 1800 666 077 | Suite 204, Level 2, 806 - 812 Anzac Pde Maroubra 2035 (PO Box 803)    | Jillian Kennedy                 | 9344 1000                                  | 9344 1005 | Eastern Sydney and St George District. All disabilities, DMS, ESS; TTW Programs  |
|   | Suite 16 Level 1, 125 Main St Blacktown 2148                          | Di Edwards<br>Manager           | 8884 3040                                  |           | Head Office - JSA (Job Network), ESS, DMS, TTW.  |
|   | Level 1, 15 Moore St Liverpool  | Manager                         | 8778 6000                                  | 8778 6005 | DMS, ESS, JSA, TTW programs. Sydney Metropolitan. Expanding to other areas. All Disabilities.  |
|   | Level 1, 564 Princes Hwy Rockdale 2216                                | Eveline Newland<br>Site Manager | 9505 8400                                  | 9567 9346 | ESS, Eastern and Southern Sydney, employment service for people with mental illness, advocacy, care for families and psychological education.  |
|   | 196 Liverpool Rd Enfield 2136   |                                 | 8210 6000                                  | 9744 7291 | ESS, Inner Western Sydney, employment service for people with mental illness, advocacy, care for families and psychological education.   |
| Commonwealth Rehabilitation Service (DMS) CRS Australia nerida.savage@crsaustralia.gov.au www.crsaustralia.gov.au   | 402-410 Chapel Rd Bankstown 2200                                      | Geoff Donnelley                 | 9205 4300                                  | 9505 4340 | All disabilities. Age 14-65  |
|   | 2-4 Merton St., Sutherland 2232                                       | Nerida Savage                   | 9545 9222                                  | 9545 9222 | Age 14-65 .Physical, Intellectual, Mental Health, Learning difficulties and disabilities. Apprenticeships.   |
|   | Level 2. Woodville St Hurstville 2220                                 |                                 | 8512 2500                                  | 8512 2501 | Some programs for early school leavers   |
|   | Suite 1. 2 Caville Ave Ashfield                                       |                                 | 8736 8600                                  | 8736 8612 |  |
| Deaf Society NSW (ESS) info@deafsociety.com www.deafsocietynsw.org.au   | Level 4, 69 Phillip St Parramatta 2150<br>PO Box 1060 Parramatta 2125 | Manager<br>Employment Services  | 8833 3600<br>1800 893 855<br>TTY 8833 3691 | 8833 3699 | Assistance in finding full or P/T work. Resume writing, planning, interview prep, work experience, Job Club, Interpreter, access to internet, computers & email. Register with Centrelink first. |

## DES Disability Employment Services - (Employment Agencies)

| Organisation   | Address   | Contact                            | Phone                     | Fax       | Other Details  |
|--|---|------------------------------------|---------------------------|-----------|--|
| Direct Employment (ESS)<br>info@directemployment.org<br>www.directemployment.org                           | Level 3, Kirby House<br>33-35 Belmont St<br>Sutherland 2232   | Site Coordinator                   | 8536 0866                 | 8536 0899 | DES provider in the Sutherland Shire, St George and other areas. 15 - 64 years. Mild intellectual disability, learning difficulties, Acquired Brain Injury (ABI), Mental Health, - all disabilities. Job matching, help for job seekers and their employers. Ongoing support. Also helps employers find workers. |
|  | Level 1, 45-47 Scott St<br>Liverpool 2170   |                                    | 9612 3455                 | 9621 3456 |  |
|  | Suite 4, Level 2<br>25 Smart St<br>Fairfield 2165   |                                    | 8723 2255                 | 8723 2299 |  |
|  | Level 3, 41-45 Rickard Rd<br>Bankstown 2200   |                                    | 8709 9363                 | 8709 9392 |  |
| Disability Services Australia (ESS)<br>serviceaccess@dsa.org.au<br>www.dsa.org.au                          | Mascot, Taren Point, Redfern,<br>Harris Park, Albion Park,<br>Bankstown, Blacktown,<br>Campbelltown | Sandra Miladin<br>Intake Officer   | 1300 372 121<br>9791 6599 | 9796 3101 | Sydney Metropolitan<br>Low, Med and High Support all disabilities. Employment plus wide range of services. Also ADHC day services  |
| Equal Access Employment Service (ESS)<br>catherines@accessindustries.com.au<br>www.accessindustries.com.au | 371 Beamish St<br>Campsie 2194. (PO Box 340)  | Program Manager<br>Catherine Smith | 9718 7077                 | 9787 2755 | Hurstville, Sutherland, Inner West to Concord, Canterbury. Mild Intellectual Disability  |
| Job Support Inc (ESS)<br>jsupport@jobsupport.org.au<br>www.jobsupport.org.au                               | PO Box 429<br>Kingsgrove 1480<br>Suite 102,<br>1-5 Commercial Rd,<br>Kingsgrove 2208                | Manager<br>Sally Trotter           | 9150 8888                 | 9150 8999 | St George, Sutherland, Sydney Metropolitan<br>Moderate to severe Intellectual Disability.<br>Glen Harbridge - Assessment officer at Sutherland<br>glen.harbridge@jobsupport.org.au   |
| Nova Employment & Training<br>Campbelltown (ESS).<br>david@novaemployment.com.au                           | Suite 1, Level 2. 178-180<br>Queen St Campbelltown 2560.<br>PO Box 429<br>Campbelltown 2560         | David Budd                         | 4625 7888                 | 4625 5955 | South and Western Sydney.<br>Hearing Impaired & Deaf. Also Intellectual and TTW.   |

# DES Disability Employment Services

| Organisation   | Address   | Contact                         | Phone        | Fax       | Other Details   |
|--|---|---------------------------------|--------------|-----------|---|
| Nova Employment & Training (ESS)<br>gae@novaemployment.com.au<br>phil@novaemployment.com.au<br>sylvia.cvetkoski@novaemployment.com.au<br>www.novaemployment.com.au | Suite 1A 20 - 26 President Ave.,<br>Caringbah 2229                          | Gae England                     | 9524 4677    | 9524 4399 | Sutherland Shire<br>Mild to moderate intellectual and general disabilities<br>ADHC - TTW  |
|  | Suite 64-74<br>14-16 Woodville St<br>Hurstville 2220                        | Phil Duren                      | 9585 8500    | 9585 8850 | St George<br>Mild to moderate intellectual and general disabilities<br>ADHC - TTW   |
|  | Unit 4 third Ave.,<br>Blacktown 2148  | Sylvia Cvetkoski                | 9831 7199    | 9831 7299 | Blacktown area  |
| Ontrack Employment Inc (ESS)<br>ontrack@comsen.com.au<br>www.ontrackemployment.com.au  | Level 6, Suite 601<br>52 Railway Pde.,<br>Burwood 2134                      | Nick Hitris                     | 9745 3877    | 9747 1932 | Burwood (HO), Bankstown, Fairfield and Parramatta.<br>Mild Intellectual Disability.   |
| ORS Employment Solutions (DMS)<br>cronulla@orsgroup.com.au<br>hurstville@orsgroup.com.au<br>www.orsgroup.com.au  | 1/53 Croyden St.,<br>Cronulla 2230  | Melissa Lockyer                 | 8999 3233    | 8999 3239 | Sutherland Shire & St George. Job seekers with an<br>injury, illness, mental illness or disability. Addresses<br>barriers to employment for people not needing long-term<br>support.                  |
|  | Level 1, 430 Forest Rd.,<br>Hurstville 2220                                 | Fion Wong                       | 9191 3810    | 9191 3811 |   |
| Ostara PRA (DMS)<br>caringbahdes@pra.org.au<br>katie.t@pra.org.au<br>www.ostara.org.au   | Level 2, Unit 205 304 Kingsway<br>Caringbah 2229                            | Katie Thorncraft                | 9690 8940    | 9531 7612 | Sutherland, St George & Rockdale. Mental Health<br>specialist, assist and support people with depression,<br>anxiety, bipolar disorder or schizophrenia.<br>PRA-Psychiatric Rehabilitation Australia. |
| SCI Workforce Employment Service<br>(ESS) info@scia.org.au<br>vtyler@scia.org.au<br>www.sciaworkforce.com.au   | Suite 302 Level 3<br>Westfield Towers<br>100 William St<br>East Sydney 2011 | Victor Tyler<br>Manager         | 9356 8064    | 9356 1135 | Sydney and surrounding areas. Specialist with Spinal<br>Cord Injuries.<br>Employment and vocational services for people with a<br>physical and sensory disability. Employment Advocacy.               |
| Salvation Army Employment Plus   | Centre Manager  | 03 9847 8700<br>National Office | 1800 733 826 |           | A National service, free of charge and not for profit.  |

# DES Disability Employment Services

| Organisation   | Address  | Contact                                  | Phone                           | Fax                     | Other Details   |
|--|--|--|---------------------------------|-------------------------|---|
| The Shire Group Training<br>jknight@hvtc.com.au  | SSHED 1/1 Pitt St Loftus 2232<br>PO Box 532 Sutherland 1499                | Janet Knight                             | 9545 7499<br>0409 151 514       | 9545 7497               | Group Training Company employing apprentices and trainees with host employers. Ongoing monitoring and mentoring. Apprenticeships & Traineeships.  |
| Sydney Employment Development Service (ESS) (The Spastic Centre)<br>swerner@tscnsw.org.au<br>www.thespasticcentre.com.au | Head Office<br>321 Mona Vale Rd.,<br>Terrey Hills 2084                     | Sue Werner<br>Warren Chapman             | 9479 7200<br>9635 7600          | 9413 3266               | Open employment (long term), TTW and CP. Services for a range of disabilities including physical & multiple. Also in Parramatta and Chatswood.  |
| TAFE Student Association<br>Job Placement Service<br>www.sit.nsw.edu.au/jobplacement                                     | Campuses in the Sydney<br>Institute of TAFE                                | Job Placement officer<br>Mon - Wed only. | Legal Centre<br>9217 5473       |                         | Job placement service and free legal advice for student Association Members   |
| Vision Australia (ESS)<br>(Formerly The Royal Blind Society)<br>info@visionaustralia.org<br>www.visionaustralia.org      | 4 Mitchell Street, Enfield 2136<br>301 Kingsway Caringbah 2229             | Trish Egan<br>Nicole Nevin<br>Managers   | all offices<br>1300 847 466     | 9747 5993<br>8525 9001  | Sydney Metropolitan<br>Vision Impairment and Blindness  |
| Xcelerate Employment Services (ESS)<br>reception@xcelerate.com.au<br>jobs@ijobs.net.au<br>www.xcelerate.com.au           | Head Office<br>Suite 1D, Level 1,<br>79 Oxford St.,<br>Bondi Junction 2022 | Dr Jeff Bogan                            | for all offices<br>1300 136 654 | 9599 2133<br>(Rockdale) | Offices at Rockdale, Miranda, Bondi Junction, Maroubra, Broadway & Marrickville. All disabilities, employment plus ADHC day services and case management, <i>ijobs</i> comprehensive program. Rehab, medical workcover. |

# ADHC Programs - Transition to Work (TTW) / Community Participation (CP)

**Post School Programs Information line** - 1800 761 030; **emails**: [community.participation@dhs.nsw.gov.au](mailto:community.participation@dhs.nsw.gov.au) or [transitiontowork@dhs.nsw.gov.au](mailto:transitiontowork@dhs.nsw.gov.au)

**Website**: [www.adhc.nsw.gov.au/adhc/People+with+disability/Post+School+Programs.htm](http://www.adhc.nsw.gov.au/adhc/People+with+disability/Post+School+Programs.htm)

| Organisation   | Address   | Contact   | Phone                                       | Fax                        | Other Details  |
|--|---|---|---|----------------------------|--|
| AFFORD<br><a href="mailto:link@afford.com.au">link@afford.com.au</a><br><a href="http://www.afford.com.au">www.afford.com.au</a>   | CP: Ashfield, Lakemba, Condell Park, Chippingnorton, Canley Vale, Green valley, Cambelltown, Kings Park, Mt Druitt, Penrith, Windsor.<br>TTW: Marrickville, Prestons, Ingelburn, & Blacktown. | AFFORD Link Coordinator<br>Laura Peterson       | 8784 2900<br>0409 911 293                   | 9607 4534                  | Post School Options, Community Participation, Transition to Work   |
| Ability Options<br><a href="mailto:donna.rhall@abilityoptions.org.au">donna.rhall@abilityoptions.org.au</a><br><a href="http://www.abilityoptions.org.au">www.abilityoptions.org.au</a>              | 7 Rowley St (PO Box 165)<br>Seven Hills 2147  | Donna Rhall                                     | 88 111 777                                  | 8811 1788                  | Statewide self-managed CP programs. Person centered plan with support. Consultants available.  |
| Autism Spectrum Australia - (ASPECT)<br><a href="mailto:gmealey@autismspectrum.org.au">gmealey@autismspectrum.org.au</a><br><a href="http://www.autismspectrum.org.au">www.autismspectrum.org.au</a> | * 307 Forest Rd Bexley 2207<br>* Unit 5, 480 Railway Pde Allawah 2218   | Manager<br>Greg Mealey<br>(Program coordinator) | 9597 3142<br>9553 1225<br>0425 291 465      | 9567 5101<br><br>9553 0746 | Adults with Autism Spectrum or communication disorder. CP programs.  |
|  | Unit 5 (A&B), 186-188<br>Canterbury Rd Canterbury 2093  | Manager<br>Annette McCarthy                     | 9784 0900                                   | 9718 5361                  |  |
| Break Thru Employment - See Disability Employment Network - DES page for ADHC program details.   |   |   |   |                            |  |
| CASS - Chinese Australian Services Society<br><a href="mailto:cass@cass.org.au">cass@cass.org.au</a><br><a href="http://www.cass@cass.org.au">www.cass@cass.org.au</a>                               | 44-50 Sixth Ave.,<br>Campsie 2194   | Ivan Wong<br>Henry Pan                          | 9789 4587                                   | 9718 6357                  | CP programs for young people from Chinese speaking background. Centre based and community access programs.                                   |
| Civic Training Services - SLAS Ltd<br><a href="mailto:headoffice@civicres.com.au">headoffice@civicres.com.au</a><br><a href="http://www.civicdisability.org.au">www.civicdisability.org.au</a>       | 103 Cawarra Rd Caringbah 2229<br>PO Box 2230 Taren Point 2229   | Michelle Barclay<br>Noelene Charters            | 9524 3916                                   | 9540 4714                  | School Leavers and others with disabilities. CP and TTW.<br>Sutherland site (CP): Cnr East & Moore Streets.                                  |
| Disability Services Australia<br><a href="mailto:corporateoffice@dsa.org.au">corporateoffice@dsa.org.au</a><br><a href="http://www.dsa.org.au">www.dsa.org.au</a>                                    | 76 Harley Cres<br>Condell Park 2200   | Head Office                                     | 9791 6599<br>Intake Officer<br>1300 884 372 | 9796 3101                  | Low, Med and High Support all disabilities<br>Autism Programs at Kogarah & Bankstown.  |
|  | Unit 10,<br>16 - 18 Northumberland Rd,<br>Caringbah 2229  | Manager   | 1300 372 121<br>9531 2554                   | 9531 2490                  | Intellectual disability. Sutherland, St George, Bankstown, Fairfield, Liverpool, Campbelltown.<br>Outreach Services Sydney Metropolitan area |
| Eastern Respite & Recreation<br><a href="mailto:dayprograms@easternrespite.com.au">dayprograms@easternrespite.com.au</a><br><a href="http://www.easternrespite.com.au">www.easternrespite.com.au</a> | Level 6, Suite 602,<br>806 - 812 Anzac Pde,<br>Maroubra 2035  | Claire Mannus<br>Senior manager                 | 9349 4666<br>8347 7000                      | 9349 4800                  | People with physical, intellectual, sensory disability in eastern suburbs, respite, TTW & CP.  |
| Ella Training & Support Service - ETAS<br><a href="mailto:reception@ella.org.au">reception@ella.org.au</a><br><a href="http://www.ella.org.au/">www.ella.org.au/</a>                                 | Ella Community Centre<br>58A Dalhousie St,<br>Haberfield 2045   | Coordinator Disability<br>Will Russell          | 9798 5140                                   | 9799 6182                  | ADHC Post School Programs and other services. CP Inner West  |

## ADHC Programs - Transition to Work (TTW) / Community Participation (CP)

| Organisation  | Address  | Contact  | Phone                  | Fax            | Other Details  |
|---|--|--|------------------------|----------------|--|
| Eurella Community Services Inc.<br>dpeurella@optusnet.com.au  | 2 Eurella St.,<br>Burwood 2134   | Bree Lord  | 9747 4810              |                | Centre based with community access CP programs. TTW may be negotiated.   |
| Glebe Recreation & Peer Support - RAPS<br>alistair@raps.org.au  | St Helen's Centre<br>4/184 Glebe Point Rd,<br>Glebe 2037                                 | Alistair Foggo   | 9518 8277              | 9518 8431      | Social and recreational activities for people with physical and/or sensory disabilities. Community Participation programs.   |
| Greenacres (for Helensburgh students/clients)<br>grantv@greenac.com.au  | PO Box 1419<br>Wollongong 2500   | Grant Vukasinovic  | 4226 6014              | 4226 1227      | CP and TTW (Joblink). Transport from Helensburgh may be negotiated.  |
| House With No Steps<br>sydney@hwns.com.au<br>www.hwns.com.au  | 49 Blackbutts Rd.<br>Belrose 2085 (Head Office)<br>309-313 Forest Rd., Bexley 2207       | Yvonne Quinlan<br>Operations manager                     | 9451 1511<br>8064 8607 | 95452 5932     | CP. Individual Plans for Inclusion & Intergration into the Community. Respite service, Tammy Arthur-ph 9451 1511 respite@hwns.com.au Transport may be negotiated.    |
| JewishCare<br>firstcall@jewishcare.com.au   |  | Firstcall  | 1300 133 660           |                | CP programs for young people from a culturally and linguistically diverse background. Randwick, Sydney LGAs.   |
| Job Support Transition to Work<br>(formerly known as Community Work Options)<br>jsupport@jobsupport.org.au<br>alison.mcglynn@jobsupport.org.au<br>www.jobsupport.org.au | Level 1, Suite 102<br>1-5 Commercial Rd<br>Kingsgrove 2208<br>PO Box 429 Kingsgrove 1480 | Regional Manager South.<br>TTW Manager<br>Alison McGlynn | 9554 9555              | 9554 9469      | Preparation for open employment through explicit on-site teaching of work skills. Sutherland, St George, Sydney Metropolitan. Moderate intellectual disability. TTW. |
| Lifestyle Solutions<br>michelle.bates@lifestylesolutions.org.au<br>www.lifestylesolutions.org.au  | Unit III, 33 Lexington Drive<br>Bella Vista 2153   | Michelle Bates   | 8801 3200              | 8801 3232      | Self managed and person centered with support. Family governed statewide CP program.   |
| Miroma Day Programs<br>enquiries@miroma.org<br>www.miroma.org   | 8 Village High Rd,<br>Vaucluse 2030  | (V) Day Programs<br>Coordinator                          | (V) 9337 5167          | (V) 9337 1521  | High Support Needs 18+ South East Sydney Metro. Day Programs - School leavers, Community Participation, focus on Fine Arts.  |
|   | 12 Cooper Park Rd<br>Bellevue Hill 2023  | (BH) Client Services<br>Coordinator                      | (BH) 9362 8922         | (BH) 9362 0202 | TTW, CP and supported employment.  |

## ADHC Programs - Transition to Work (TTW) / Community Participation (CP)

| Organisation  | Address  | Contact                      | Phone     | Fax       | Other Details  |
|---|--|------------------------------|-----------|-----------|--|
| Nova Transition to Work   | Hurstville and Caringbah   |                              |           |           | See Nova DES pages (Employment Agencies)   |
| St George & Sutherland Community College<br>clovelock@sgscc.edu.au<br>www.sgscc.edu.au                                      | 127-129 Sutherland Rd<br>Jannali 2226<br>PO Box 404 Jannali 2226 | Cathy Lovelock               | 9528 6771 | 9589 0517 | 15 years to aged people with disabilities, high to low support needs. A range of courses. Community Participation , Transition to Work |
| Sunnyhaven (CP)<br>sunnyhaven@bigpond.com.au<br>alvin.ho@sunnyhaven.ngo.org.au<br>www.sunnyhaven.com.au                     | 35 Beach St,<br>Kogarah 2217                                     | Barry Elliott                | 9588 5433 | 9588 5066 | All disabilities, CP, Respite, Accommodation.  |
| Sunnyfield<br>r.kainblatch@sunnyfield.org.au<br>www.sunnyfield.org.au   | Unit 9, 102 Edinburgh Rd.,<br>Marrickville 2204                  | Renee Kain                   | 9564 7750 | 8177 2953 | Community Participation, day programs.<br>See Respite Services   |
| Sylvanvale Disability Service<br>reception@sylvanvale.com.au<br>www.sylvanvalefoundation.com.au                             | PO Box 29<br>Sutherland 1499                                     | Marti Travers                | 9521 4399 | 9521 3610 | Intellectual Disability - High/Mod Support<br>Sutherland & Rockdale.   |
|   | 31 Bay St. Rockdale 2216<br>(next to RSL Club)                   | Olivia Hoogendyke            | 9567 1704 | 9567 1752 | Medium to High support, Community<br>Participation day programs.   |
| Sydney Employment Development Service (formerly The Spastic Centre)<br>swerner@tscnsw.org.au<br>www.thespasticcentre.com.au | 1/17-21 Macquarie St.,<br>Parramatta 2150                        | Warren Chapman<br>Sue Werner | 9413 3400 | 9413 3266 | CP and TTW. Services cover all the Sydney metropolitan area Physical & multiple disabilities (more information DES page).              |
| The Northcott Society<br>nc@northcott.com.au<br>beth.heng@northcott.com.au<br>www.northcott.com.au                          | Head Office - 1 Semmell St.,<br>Parramatta 2150                  | Rachel Parker                | 9890 0100 | 9683 2827 | Range of services for people with physical disabilities. Respite, PSO, CP, TTW.  |
|   | 69 Payten Ave<br>Roselands 2196                                  | Beth Heng                    | 9750 4466 | 9750 6687 | Physical Disabilities Metro South  |

## ADHC Programs - Transition to Work (TTW) / Community Participation (CP)

| Organisation  | Address  | Contact  | Phone     | Fax  | Other Details  |
|---|--|--|-----------|--|--|
| WALCA<br>wwalca@bigpond.net.au<br>www.walca.com.au  | 406 Forest Rd., Bexley 2207<br>PO Box 240 Bexley 2207                                      | Lorna Parker                                   | 9599 6446 | 9567 0927  | High physical and intellectual support needs   |
| Wesley Disability Support Services<br>jodie.howitt@wesleymission.org.au<br>www.wesleymission.org.au | Head Office: Level 3, 85<br>Flushcombe Rd<br>Blacktown 2148<br>PO Box 8485, Blacktown 2148 | Jodie Howitt<br>Life Skills Manager            | 8887 4988 | 8887 4998  | Blacktown (HO), Ashfield, Beverly Hills, Croydon Park, Cambelltown, Granville and Woolooware. Community living support, accommodation and respite services.<br>ADHC Post School Day Programs - CP.<br>TTW at Rydalmere 8845 1314 |
|   | 64 Bland St.,<br>Ashfield 2131   |  | 9797 2293 | 9797 2697  |  |
|   | 8 Warrarong St.,<br>Beverley Hills 2209  |  | 9554 9953 | 9554 3702  |  |
|   | King St.,<br>Campbelltown 2560   |  | 4625 8818 | 4625 8608  |  |
|   | 17 Seymour St.,<br>Croydon Park 2133   |  | 9797 0326 | 9798 5273  |  |
|   | Granville 2142   |  | 9897 2344 | 9897 2355  |  |
|   | 180 The Kingsway<br>Woolooware 2230  |  | 9544 2357 | 9544 2137  |  |
| Windgap Foundation<br>info@windgap.org.au<br>www.windgap.org.au                                     | PO Box 756 Roseberry 1445<br>8 Florence Ave Eastlakes 2018                                 | Day Programs Manager<br>Glenn Snowden (Acting) | 8337 3600 | 8337 3699  | ADHC day programs - (also Australian Disability Enterprises - accommodation) - Mascot, Botany, Maroubra. Individual and Centre based activities.   |
| Woodville Community Services Inc.<br>pcrowley@woodville.org.au<br>www.woodville.org.au              | (HO) 88 Ferrier St<br>Sefton 2162  | Ann Cubban                                     | 9738 5083 | All faxed queries<br>to Head office<br>9726 0325 | Community participation, centres (Carramar, Sefton, Chesterhill, Cabramatta) and Individual Community Based (ICB) programs.  |
|   | (HO) Kamira Ct<br>Villawood 2162   | Manager - Paul Crowley                         | 9723 4324 |  | Transition to work<br>Self Managed Model; Life Choices, Leisure Link & Case management. Individual and Centre Based (ICB) activities in all areas<br>Day Programs Bankstown, Liverpool & Fairfield.                              |

# Australian Disability Enterprises *(formerly Business Services - Supported Employment Worksites)*

**General Information: Contacts** - \* Centrelink 132 850; [www.centrelink.gov.au](http://www.centrelink.gov.au)

\* Dept of Families, Housing, Community Services & Indigenous Affairs (FaHCSIA) 1300 653 227; [enquiries@fahcsia.gov.au](mailto:enquiries@fahcsia.gov.au) ; [www.fahcsia.gov.au](http://www.fahcsia.gov.au)

\* Online directory of DENs; [www.australiandisabilityenterprises.com.au](http://www.australiandisabilityenterprises.com.au)

| Organisation   | Address  | Contact  | Phone                  | Fax                    | Other Details   |
|--|--|--|------------------------|------------------------|---|
| AFFORD<br><a href="mailto:link@afford.com.au">link@afford.com.au</a><br><a href="http://www.afford.com.au">www.afford.com.au</a>   | Unit 3, 18-22 Lillian Fowler Place Marrickville 2204<br>50 Jemma Rd<br>Prestons 2170 | AFFORD Link<br>Coordinator                       | 9519 3792<br>8784 2900 | 9519 3895<br>9607 4534 | Supported Employment for adults with disability - low, medium to very high support ; TTW; Respite Accommodation at Marrickville, Prestons, Minto & Ingleburn.                               |
| Civic Industries<br><a href="mailto:civicind@msn.com.au">civicind@msn.com.au</a><br><a href="http://www.civicindustries.com.au">www.civicindustries.com.au</a>   | P0 Box 2230<br>Taren Point 2229<br>103 Cawarra Rd<br>Caringbah 2229                  | Melanie Ashton<br>Michelle Zammit                | 9524 0257              | 9540 3058              | Sutherland Shire & St George Areas<br>Adults with disabilities. Includes Business Enterprise, Residential, ADHC Day Programs.   |
| Centacare Industries<br><a href="http://www.centacareindustries.com.au">www.centacareindustries.com.au</a>   | Unit 1, 112 Benaroon Rd<br>Belmore 2192<br>PO Box 6246 Lakemba 2195                  | Athena Emmerson                                  | 9759 6966              | 9759 6170              | Supported employment & Training for adults with a mild to moderate intellectual disability, Acquired Brain Injury. Canterbury Bankstown LGAs  |
| Disability Services Australia<br><a href="mailto:corporateoffice@dsa.org.au">corporateoffice@dsa.org.au</a><br><a href="http://www.dsa.org.au">www.dsa.org.au</a>  | Unit 2, Church St., Mascot,<br>Castle Hill, Condell Park,<br>Braemar.                | Access and<br>Transition Manager<br>Naomi Barber | 1300 372 121           | 9796 3101              | Sydney Metro, Wollongong & Southern Highlands<br>Low, Med and High Support all disabilities (TTW & CP).<br>ADHC Day Programs  |
| Intellectual Disability Foundation of<br>St George - (IDF)<br><a href="mailto:admin@idfstgeorge.org.au">admin@idfstgeorge.org.au</a><br><a href="http://www.idfstgeorge.org.au">www.idfstgeorge.org.au</a> | 35 Firth St<br>Arncliffe 2205  | Service Division<br>Manager<br>Janet Thorley     | 9597 7677              | 9597 7509              | Arncliffe<br>Supported Employment for adults with intellectual<br>disability  |
| IDF - Kogarah Packaging and<br>Distribution<br>email & web as above  | 21-25 Production Ave<br>Kogarah 2217   |  | 9553 0355              | 9553 7039              | Kogarah<br>Supported employment for adults with intellectual<br>disability  |
| IDF - Rockdale Community Nursery<br>email & web as above   | 41 Beach St,<br>Kogarah 2217   |  | 9553 7346              | 9553 4873              | Supported employment for adults with an intellectual<br>disability (low to medium support). Plant nursery duties.   |
| Miroma Light Industries<br><a href="mailto:enquiries@miroma.org">enquiries@miroma.org</a><br><a href="http://www.miroma.org">www.miroma.org</a>  | 12 Cooper Park Rd<br>Bellevue Hill 2023  | Operations Manager<br>TBA                        | 9362 8922              | 9362 0202              | 18+ South East Sydney Metro. School Leavers, work<br>experience, TTW, Supported Employment. High quality<br>printing, mail house & light assembly.  |
| Sylvanvale Catering Service<br><a href="mailto:mfietz@sylvanvale.com.au">mfietz@sylvanvale.com.au</a><br><a href="http://www.sylvanvale.com.au">www.sylvanvale.com.au</a>                                  | Boystown<br>35A Waratah Rd<br>Engadine 2233<br>PO Box 29 Sutherland 1499             | Michelle Fietz                                   | 9520 0355              | 9520 1690              | Qualified training and meaningful employment for<br>people with an intellectual disability. Catering for<br>individuals and for functions.  |
| Wingap Foundation Ltd<br><a href="mailto:info@windgap.org.au">info@windgap.org.au</a>  | 8 Florence Ave<br>Eastlakes NSW 2018   | Anna Kelaiditis<br>ADE Manager                   | 8337 3600              | 8337 3699              | Supported employment for adults with intellectual<br>disability. (Other programs include school leaver's - CP<br>and TTW programs & Supported Accommodation);<br>Met South Eastern Suburbs. |

## Residential / Accommodation & Respite Services

| Organisation  | Address   | Contact   | Phone  | Fax       | Other Details  |
|---|---|---|--|-----------|--|
| Ability Options<br>kelly.piper@abilityoptions.org.au<br>www.abilityoptions.org.au   | 7 Rowley St., (PO Box 165)<br>Seven Hills 2147  | Kelly Piper                                     | 8811 1777<br>0405 229 793                              | 9620 8399 | Accommodation & Outreach services,<br>leaving care services and case<br>management.  |
| Accommodation Lobby Group - Sutherland Shire<br>Disability Accommodation Action Group Inc.  | PO Box 906<br>Gymea 2227  |   |  |           | Aim to: Obtain supported accommodation;<br>Obtain accommodation that is a tiered layer<br>of care; Create a Register of need.  |
| ADHC (Ageing Disability & Home Care)<br>www.adhc.nsw.gov.au   | Met. South Regional Office  | Regional Operations<br>Manager                  | 9334 3700  | 9334 3708 | Information about eligibility for services and<br>procedures to access accommodation, OT<br>assessments.   |
| AFFORD see Australian Disability Enterprises page   |   |   |  |           |  |
| Commonwealth Respite and Carelink Centre<br>Benevolent Society<br>www.bensoc.org.au   | Locked Bag 6002 Hurstville 1481<br>Level 4, 7-11 The Avenue<br>Hurstville 2220                  | Respite Coordinator                             | 1800 052 222   | 9585 9037 | Emergency and short term respite for all<br>carers. Information about community<br>services  |
| St George and Sutherland Live at Home -<br>(Benevolent Society)<br>www.bensoc.org.au  | Locked Bag 6002<br>Hurstville 1481  | Fiona Houldsworth                               | 9504 6670  | 9585 8423 | People with disabilities and their carers.<br>St George, Sutherland & SE Sydney.<br>Support, Case Management & Live at<br>Home programs. HACC target groups.<br>St George & Sutherland |
| Carers NSW<br>www.carersnsw.asn.au  | Roden Cutler House<br>Levl 18. 24 Campbell St Sydney<br>2000. PO Box 20156<br>World Square 2002 |   | Service<br>providers:9280 4744<br>Carers: 1800 242 636 | 9280 4755 | 1800 242 636 Careline. Information &<br>referrals for older & young carers. Website<br>chatroom is on the Young Carers website.  |
| Civic Respite Services<br>headoffice@civircres.com.au<br>www.civicdisabilities.org.au   | P0 Box 2230<br>Taren Point 2229<br>103 Cawarra Rd Caringbah 2229                                | Community Services:<br>Michelle Barclay         | 9524 3916  | 9540 4714 | Residential and Respite services for adults<br>with disabilities 18+ .Frail Aged care. Sites<br>at Woollooware and Caringbah. Flexible<br>respite also.                                |
| Eastern Respite and Recreation<br>err@easternrespite.com.au<br>www.easternrespite.com.au  | Suite 602, 806 - 812 Anzac<br>Pde., Maroubra<br>P.O. Box 685 Maroubra 2035                      |   | 8347 7000  | 9349 4800 | Referrals to appropriate services, after<br>school care, respite, ADHC Post School<br>Programs. In-home respite. Weekend<br>group.   |
| Ella Respite & Leisure Services - see ADHC page   |   |   |  |           |  |
| Ethnic Childcare, Family & Community Services<br>Cooperation - Multicultural Respite Service.<br>coop@eccfcsc.org www.eccfcsc.org | 3/142 Addison Rd Marickville 2205   | Manager of<br>Multicultural Respite<br>Services | 9569 1288  | 9550 9829 | Bicultural support for younger children or<br>older teenagers, advocacy, consultancy,<br>referrals.  |
| House with No Steps - 9451 1511; respite@hwms.com.au ; see ADHC page.   |   |   |  |           |  |
| Homeless Persons Info Centre (City of Sydney)   | City of Sydney<br>7 days per week service.  |   | 9265 9081<br>1800 234 566                              | 9265 9081 | Assessment & referrals for housing for<br>people over 18 years who are homeless or<br>at risk of being homeless.   |

## Residential / Accommodation & Respite Services

| Organisation   | Address  | Contact                                | Phone     | Fax                    | Other Details  |
|--|--|--|-----------|------------------------|--|
| Margaret House Respite Care Services<br>(St Vincent de Paul)<br>margarethouse@sydneyvinnies.org                | 78 Coonong Rd GyMEA Bay 2227                                       | Service Manager                        | 9540 1762 | 9540 5258              | 5 - 18 yrs weekend & overnight respite, 18 - 65 adult day program St George & Sutherland. ADHC or self referral  |
| Northcott Society<br>www.northcott.com.au  | 69 Payton Ave Roselands  | Jenny Doyle                            | 9759 5064 | 9750 6687              | Respite for people with physical disabilities 6 -18 years.   |
| Oatley Caring Centre   | Uniting Church<br>Letitia St Oatley 2223                           | Coordinator                            | 9570 6642 | 9570 6642              | Day care for frail aged and people with disabilities and dementia.   |
| Pole Depot (see Services for People with Disabilities)   | 23 St Georges Rd, Penshurst 2222                                   | Coordinator                            | 9580 0688 | 9580 4487              | Vacation care, before & after school care, carer support groups, special needs youth services  |
| Rockdale Community Services<br>info@rockdalecommunity.com  | 429 Princes Hwy<br>Rockdale NSW 2216                               | Manager                                | 9556 1822 | 9024 5500<br>9024 4511 | Services for Carers of frail aged & people with disabilities and respite care.   |
| Shire Wide Youth Services  | Shop 7, 23 Gerrale St,<br>Cronulla 2230<br>PO Box 333 Miranda 1490 | Youth support worker                   | 9525 7919 | 9525 1991              | Accommodation & Mentoring Street outreach service. Court support. Drop in service.   |
| Southern Sydney Trusted Care (formerly Therapy Centre) trustedcare@sstc.org.au<br>www.sstc.org.au              | PO Box 474<br>Miranda 1490   | Rhian Preston                          | 9540 3011 | 9540 3032              | Activities for Adolescents & Adults with disabilities in Sutherland and St George. Respite and recreational activities.  |
| Sunnyfield<br>Gen Manager of Community Services - 9451 6999<br>info@sunnyfield.org.au<br>www.sunnyfield.org.au | 22 Pillors Place Matraville 2036                                   | Group Manager<br>Centre based services | 9694 1067 |                        | Overnight & weekend accommodation for children with disabilities between 7 & 18 yrs. Adult accommodation available at Matraville and Homebush. Flexible respite organised from Marrickville for Eastern Sydney and Inner West LGAs (city to Cronulla). |
|  | 12 Abbotsford Rd. Homebush 2141                                    |  | 9764 5797 |                        |  |
|  | 35 Beach St,<br>Kogarah NSW  | Barry Elliot<br>(Program Supervisor)   | 9588 5433 | 9588 5066              |  |
| Sunnyhaven<br>sunnyhaven@bigpond.com.au<br>www.sunnyhaven.com.au   | 35 Beach St.,<br>Kogarah 2217                                      | Barry Elliot<br>(Program Supervisor)   | 9588 5433 | 9588 5066              | St George and Sutherland Respite options and day options -Preschool Therapy Group - post school leavers - CP service - Respite Service - Group Homes - Social Group  |
| St George Community Housing  | Level 3, 8 Crofts Ave,<br>Hurstville 2220                          | Receptionist                           | 9585 1499 | 9585 1564              | Links to Department Housing. Long term housing (6-8 year wait)   |

## Residential / Accommodation & Respite Services

| <b>Organisation</b>   | <b>Address</b>  | <b>Contact</b>                                   | <b>Phone</b> | <b>Fax</b> | <b>Other Details</b>  |
|---|---|--|--------------|------------|---|
| Sylvanvale Disability Service<br>enquiries@sylvanvale.com.au<br>www.sylvanvalefoundation.com.au                   | 2 Mikarie Place<br>Kirrawee 2232<br>PO Box 29 Sutherland 1499                     | Kellie Kamaar                                    | 8536 0123    | 9521 3610  | Respite on weekends and in school holidays.(5 - 18 yrs) A charge applies. St George, Sutherland and other areas. All Disabilities, mod/high support.            |
| Uniting Care Disability Supported Living<br>www.unitingcaresupportedliving.org.au                                 | 9 Brighton Ave. Croydon Park 2133<br>PO Box 456 Croydon Park 2133.                | Receptionist                                     | 8752 3700    | 9798 7855  | Referral from ADHC & from the public. Independent Living support & case management. 18-65 & families  |
| Wesley Mission<br>www.wesleymission.org.  | HO - Level 3, 85 Flushcombe Rd.,<br>Blacktown 2148.<br>PO Box 8485 Blacktown 2148 |  | 8887 4988    | 8887 4998  | ADHC referrals - accommodation, respite & post school programs.   |
| Wingap Foundation Ltd<br>Residential, Accommodation & Respite Services<br>info@wingap.org.au<br>www.wingap.org.au | 8 Florence Ave.,<br>Eastlakes 2018  | Joanne D'Arcy<br>Residential Services<br>Manager | 8337 3600    | 8337 3699  | Supported Accommodation services for people with intellectual disabilities. (Also supported employment & ADHC Post School Programs), 7 sites in Eastern suburbs |
| Youth Accommodation Association of NSW<br>www.yaa.com.au  |   |  | 9698 5833    |            | Emergency accommodation in NSW  |

# RECREATION AND LEISURE SERVICES

| <b>Organisation</b>   | <b>Address</b>                               | <b>Contact</b>  | <b>Phone</b> | <b>Fax</b> | <b>Other Details</b>  |
|---|--|---|--------------|------------|---|
| Aboriginal Dance Theatre  | 88 Renwick St<br>Redfern 2016                | Christine Donnelly  | 9699 2171    |            | Community based children and youth dance programs. School & TAFE VET courses Certificates 1,2&3   |
| Australian Paralympic Committee<br>www.paralympic.org.au  | PO Box 596<br>Sydney Markets 2129            |   | 9704 0500    | 9704 0589  | Bld A. 1 Herb Elliot Ave Homebush 2140  |
| Camp Kookaburra<br>campkookaburra@hotmail.com<br>www.campkookaburra.org   | PO Box 681<br>GyMEA 2227                     | Dianne Madden<br>0424 472 923<br>diannemadden@aapt.net.au | 0408 402 591 |            | Free annual camp & activity days for children 8-12 yrs (& can become leaders at 18 yrs) from Sutherland & St George areas.  |
| Camp Quality<br>reception@campquality.org.au<br>www.campquality.org.au  | Suite 6. 44 - 46 Oxford<br>St Epping 2121    | Michaela Durrant<br>Area Manager Sydney                   | 9876 0500    | 9869 0688  | Australia wide service supporting families of children with cancer & resulting difficulties. Camping, education programs, hospital, other support available, school programs. |
| Caringbah Craft & Activity Centre for people with a physical disability.<br>craftno2@iinet.net.au                               | 20 Dudley Ave,<br>Caringbah 2229             | Jennifer Cox<br>Coordinator                               | 9525 9461    | 9525 9461  | Open Mon to Thurs 10 - 1.30.  |
| Clark Bay Farm<br>bambook@optus.net.au<br>www.clarkbay.com  | Narooma<br>South Coast                       | Barney Bambook  | 4476 1640    |            | Fully wheelchair accessible. Spa, pools, hydrotherapy, indoor bowls, table tennis, Bocci, basketball & sailing.   |
| Down Syndrome NSW<br>admin@dsansw.org.au :<br>www.dsansw.org.au   | PO Box 9117<br>Harris Park 2150              | (Brooke Jones manager of "Up Club")                       | 9841 4444    | 9841 4400  | Resources and information.<br>"UpClub" - Peer support, social group in the Sydney Metropolitan Area.  |
| "High Kick" Dance Academy   | Woronora Heights                             | Amber Denning   | 0412 895 511 |            | Students (IM, Autism etc) are welcome to try integration into mainstream classes.   |
| Junction House Inc<br>junctionhouse@iprimus.com.au  | 95 Carrington Rd<br>Waverley 2024            | Team Leader   | 9389 2689    | 9389 0836  | Adults with mild Intellectual disability. social groups & music, cooking, fitness, craft.   |
| Miranda RSL Youth Club<br>trampoline@mirandarslyc.com.au<br>www.mirandarslyc.com.au   | Sessions held at Central<br>Ave Miranda 2228 | Susan   | 9522 0484    |            | Negotiated times for trampoline classes for children with special needs on site or at schools. Mainstream & integrated classes available.                                     |
| NIDA - National Institute of Dramatic Art<br>open@nida.edu.au   | 215 Anzac Pde<br>Kensington 2033             |   | 9697 7626    | 9313 6590  | P/T short & holiday courses. Drama, voice, script writing, choir, comedy. Short drama courses for people with an intellectual disability.                                     |
| Police Citizens Youth Club<br>burnrubberburn@pcycnsw.org.au<br>www.pcycnsw.org<br>www.pcycnsw.org/mosparts/burnrubberburn/index | Eton St. Sutherland<br>(Waratah Park)        | Simone  | 0402 776 868 |            | Organised and accompanied groups may enquire re disability gym program at the centre. Small membership fee applies to programs on Tue & Thurs 1-6 pm.                         |

# RECREATION AND LEISURE SERVICES

| <b>Organisation</b>  | <b>Address</b>  | <b>Contact</b>  | <b>Phone</b>                           | <b>Fax</b> | <b>Other Details</b>   |
|--|---|---|--|------------|--|
| Rainbow Club Australia Inc<br>rainbow_clubaust@hotmail.com<br>www.rainbowclubaust.com.au   |   | Marie Jackson   | 0418 963 087                           |            | People with a disability aged 0 -18 years.<br>Swimming and recreational services   |
| Recreation & Peer Support Inc (RAPS)<br>alistair@raps.org.au   | 4/184 Glebe Point Rd<br>Glebe 2037  | Holly Stewart   | 9518 8277                              | 9518 8431  | Workshops, activities and peer support.<br>Inner western Sydney areas  |
| Recreation, Sports & Aquatics Club<br>Special Olympics Roselands Region<br>RSAClub@bigpond.net.au<br>www.disabledsportsac.org.au | PO Box 120<br>Bankstown 1885  | Executive Officer<br>Jenny Bomardieri                                   | 9790 5001                              | 9790 5001  | Sport and Recreation, social, dance<br>activities for people with a disability.<br>Parent support group.<br>Special Olympics Roselands Region.   |
| Riding for the Disabled Association (NSW)<br>stateoffice@rdansw.org.au<br>www.rdansw.org.au                                      | PO Box 710<br>Sydney Markets 2129<br>HO: Sports House 6A<br>Figtree Drive Sydney<br>Olympic Park 2127 | Lucy Pentony<br>Office Co-ordinator                                     | 8116 9726<br>(Mon - Thurs)             | 8732 1616  | Provide most people with a disability, the<br>opportunity to ride and enjoy all the activities<br>connected with horse riding.<br>Four centres in the metropolitan area.<br>Look at website for locations. |
| Rozelle Neighbourhood Centre<br>www.rozellecentre.com  | 665A Darling St<br>Rozelle 2039   | Michael Whitehead   | 9555 8988                              | 9810 8532  | Centre and community leisure programs,<br>music drama, weekend & vacation<br>recreation, for young people & adults with<br>intellectual disabilities - also childcare.                                     |
| Sailability<br>www.sailability.org   |   | Howard Courteney  | 9533 1240                              |            |  |
| Shopfront Theatre for Young People<br>admin@shopfront.org.au   | 88 Carlton Pde., Carlton<br>2218  | Saskia Vromans Outreach Director<br>Sarah Emery                         | 9588 3948<br>9553 8484                 | 9588 6545  | Theatre activities for young people who may<br>(or may not) have a difficulty or disability.   |
| Southern Sydney Trusted Care.<br>trustedcare@sstc.org.au   | 248 the Boulevarde<br>Miranda 2228  | Rhian Preston   | 9540 3011                              | 9540 3032  | For people with disabilities, living with their<br>families in the Sutherland and St George<br>LGAs  |
| Special Olympics Sydney Southern Region<br>amo32290@optusnet.com.au<br>www.S0sydneyssouthernregion.com.au                        | P.O. Box 709<br>Sutherland 1499   | The Secretary, Special Olympics<br>Sydney Southern Region<br>Tony Moore | 9525 9580                              | 9525 9580  | Sports training, football & competition for<br>adults & children with an intellectual<br>disability.   |
| Star Performers and Twinkle Stars Dance Studio<br>steveandjus@optusnet.com.au<br>www.twinklestarperformers.com.au                | 84, 8-12 Wandella Rd<br>Miranda 2228  | June<br>Justyne   | 9525 5773<br>9528 5662<br>0414 694 375 |            | Dance, coordination and recreation to music<br>for all ages 5-adult.   |

# RECREATION AND LEISURE SERVICES

| <b>Organisation</b>   | <b>Address</b>   | <b>Contact</b>                               | <b>Phone</b> | <b>Fax</b> | <b>Other Details</b>   |
|---|--|--|--------------|------------|--|
| Sunnyhurst Services   | 2 Laycock Rd<br>Penshurst 2222                                 | Team Leader                                  | 9570 2364    | 9580 5260  | Older people with disability -recreation, social outings   |
| Sutherland Shire Junior Soccer football Association Inc. (Titans)<br>soccer_stars@yahoo.com.au<br>www.sutherlandshirespecialdivision.info | P.O. Box 188<br>GyMEA 2227                                     | Stewart Teal: 0424 415 225                   |              |            | Soccer competition for children, aged 6 to teenagers, who have special needs   |
| Sutherland Special Needs Toy Library<br>ssntl@idx.com.au<br>www.specialneeds.org.au   | 123 Flora St<br>Sutherland 2232                                | Paula Goulden                                | 9545 2214    |            | Interesting & educational toys for children with learning difficulties or disabilities aged 2 - 12. Mon & Thurs from 10 -1, school terms.                          |
| Sutherland Shire Netball Association<br>info@ssna.asn.au  | Bellingara Rd Miranda<br>2228<br>PO Box 759 GyMEA<br>2227      |  | 9522 9697    | 9522 9538  | Office hours Mon - Thurs 9.30 - 2.30. Ring to enquire re special programs.   |
| Wheelchair Sports NSW<br>reception@wsnsw.org.au<br>www.wsnsw.org.au   |  | Kerri Mikkelson<br>Sport Development Officer | 9809 5260    | 9809 5638  | A range of sports for young people with mobility disabilities. Includes Sutherland Basketball Group. Sports wheelchairs available; Grants; Regular training camps. |
| YMCA Bankstown<br>disabilityservices.sydney.ymca.org.au<br>integrated.bankstown@ymca.org.au<br>www.ymcasydney.org                         | 184 The River Rd<br>Revesby 2212<br>PO Box 165<br>Revesby 2212 | Manager of Disability Services               | 9771 6033    | 9773 4619  | Team sports, rock climbing, specific programs for people with disabilities   |

# EQUIPMENT SERVICES

| <b>Organisation</b>   | <b>Address</b>  | <b>Contact</b> | <b>Phone</b>  | <b>Fax</b>   | <b>Other Details</b>   |
|---|---|----------------|---------------|--------------|--|
| AccessApps<br>www.rsc-ne-scotland.ac.uk/accessapps  |   |                |               |              | Open source & freeware applications which run directly from a USB stick. Tools for people with specific requirements.  |
| Australian Communication Exchange (ACE)<br>National Relay Service<br>maggie.lund@aceinfo.net.au | PO Box 473<br>Stones Corner<br>Qld 4120                         | Maggie Lund    | 07 3815 7661  | 07 3815 7601 | Nationwide service for deaf, hearing impaired, speech and communication impairment.  |
| Australian Interactive Multi Media<br>sales2020ausmedia.com.au<br>www.ausmedia.com.au           | 442 Station St<br>Box Hill 3128                                 |                | 1800 00 88 99 |              | Australia wide service. Scanners and printers.   |
| Cello<br>receptionsyd@cello.com.au<br>www.cello.com.au  | Locked Mail Bag 14<br>Fairfield 2165                            | Kathy Ballard  | 1300 654 525  | 1300 654 515 | Continance, wiper products, patient care products  |
| Continance Aids Assistance Scheme<br>intouchdirect.com.au/healthcare/caas.htm.                  |   |                |               |              | Assist with the cost of personal continence products. Increased range of eligibility eg Neurological, Devt delay etc.  |
| Fleetworks Mobility<br>carhelp@fleetworks.com.au<br>www.fleetworks.com.au                       |   | David Syer     | 1800 222 377  |              | New and used wheelchair- friendly and Carer-friendly compact vehicles designed by carers with 41 years experience. Features are ease of use and affordable pricing   |
| HumanWare<br>au.enquiries@humanware.com<br>www.humanware.com                                    | Suite 2, 7-11 Railway St.,<br>PO Box 944<br>Baulkham Hills 2153 | Phil Hazell    | 9686 2600     | 9686 2855    | Specialist consultants for people with low vision, blindness or needing help with their learning needs, e.g. Smartview, Brailenote and supportive software.  |
| Optek Systems<br>opteksystems@bigpond.com<br>www.opteksystems.com.au                            | PO Box 227<br>Rydalmere 0176                                    | Terry Kenahan  | 9680 0600     | 9680 0611    | Electronic products for people with low vision/blind, cctv, magnifiers, table & portable modifiers, scanning/speaking devices, Braille displays & embossers, speech & magnification. Software for mobile phones. |
| Paraquad - Brightsky Australia<br>orders@brightsky.com.au<br>www.paraquad.org.au                | 6 Holker St<br>Newington 2127                                   | Reception      | 8741 5600     | 1300 886 602 | All ages, Australia wide. Disabled, Aged, Incontinent, Paediatric, Cystic fibrosis. Open to the public.  |

# EQUIPMENT SERVICES

| <b>Organisation</b>  | <b>Address</b>  | <b>Contact</b>        | <b>Phone</b>                       | <b>Fax</b>   | <b>Other Details</b>  |
|--|---|-----------------------|------------------------------------|--------------|---|
| PRINTACALL<br>sales@printacall.com.au<br>www.pintacall.com.au  | 2 Doig Ave<br>Denistone East<br>NSW 2112  | Reception             | 9809 2392<br>9809 1283 (TTY)       | 9809 2345    | Telephones, clocks, TV & radio assistance, loop, smoke alarms & telephone typewriters, sound filled systems.                              |
| Quantum Technology<br>info@quantumtechnology.com.au<br>www.quantumtechnology.com.au  | 5 South St.,<br>PO Box 390<br>Rydalmere NSW 2116  | Low vision consultant | 8844 9888                          | 9684 4717    | Compact Plus portable viewers, low vision & blindness equipment. Consultants. Clearview Spectrum.   |
| Technical Aid to the Disabled (TAD)<br>info@tadnsw.org.au<br>www.tadnsw.org.au   | Unit 10, 185 Briens Rd<br>Northmead 2152<br>(Post) Locked Bag 2008<br>Wentworthville 2145 |                       | 9912 3400                          | 9890 1911    | State wide service. Personalised equipment and advice for people with disabilities and their carers.                                      |
| Telstra Disability Equipment Program<br>disability@online.telstra.com.au<br>disabilityenquiryhotline@team.telstra.com<br>www.telstra.com.au/disability/catalogue |   |                       | 1800 068 424<br>1800 808 981 (TTY) | 1800 814 777 | Supply equipment for all disabilities e.g volume control phones. Further information available.   |
| Vision Australia<br>nicole.nevin@visionaustalia.org<br>www.visionaustalia.org  | 301 The Kingsway<br>Caringbah 2229  | Nicole Nevin          | 1300 847 466<br>1300vision         | 9747 5993    | Hardware & software; Signature Guides; Large buttons; Signs; Magnifiers; Daisy Player; Refreshable Braille Display and screen magnifiers. |
| Wheel keep you mobile  | Mobile service: St George, Sutherland and Eastern Suburbs.                                | Garry Stewart         | 0412 181 430                       |              | Wheelchair services and repairs.  |

## SERVICES FOR PEOPLE WITH DISABILITIES (PWD)

| Organisation  | Address  | Contact                             | Phone  | Fax       | Other Details   |
|---|--|-------------------------------------|--|-----------|---|
| Access Community Team - CatholicCare<br>act@catholiccare.org<br>www.catholiccare.org  | Level 1, 45 -47 Scott St<br>Liverpool 2170   | Carol Blayney                       | 9612 3444  | 9612 3456 | Teaching independent living skills to individuals with mild - moderate intellectual disabilities. Possible expansion of services to other local areas.  |
| Assistance Dogs Australia<br>www.assistancedogs.org.au  | PO Box 455 Engadine NSW 2233   | Joanne Meredith                     | 9548 3355  | 9548 3766 | Assistance dogs trains Labradors and Golden Retrievers to help people with physical disabilities who are confined to wheelchairs.   |
| Australian Autism Education & Training Consortium (AAETC) - Positive Partnerships<br>aaetc@autismspectrum.org.au<br>www.autismtraining.com.au                           |  | Karen Jones                         | 1300 881 971                                     |           | Service to parents & carers of students on the Autism Spectrum from K - year 12. Free of charge workshops to improve educational outcomes. Funded by DEEWAR.  |
| Baptist Community Services<br>www.bcs.org.au  | Suite 2, Level 3, 668 Princes Hwy.,<br>Sutherland 2232                               | Community Manager                   | 9521 3751  | 9521 7143 | Respite, domestic assistance, personal care, extended care at home packages.  |
| Benevolent Society (Young Carers Program)<br>raym@bensoc.org.au<br>www.bensoc.org.au  | Locked Bag 6002 Hurstville 1481  | Raymond Medhora<br>(young contacts) | 9504 6610  | 9585 9037 | For young people looking after a family member. Wide range of supports, social (social groups & outings) educational ( tutorials & mentoring) and domestic. SE Sydney. Short term & emergency care. |
| Better Hearing Australia Inc (Sydney)<br>bhasyd@ozemail.com.au<br>www.betterhearingsydney.org.au  | 29 Burwood Rd Concord 2137   | Roma Wood                           | 9744 0167<br>9744 0124 TTY                       | 9744 7492 | Management for acquired hearing loss, Sydney Metro. Lip reading classes, no signing, school leaving age & over. Largely voluntary service. National organisation.                                   |
| CALD services in the Southern / Eastern Sydney (SES) Region - contact HACC service providers and enquire regarding ethno-specific multicultural HACC service providers. |  |                                     |  |           |   |
| Caringbah Community Health  | Sutherland Hospital<br>430 Kingsway Caringbah 2229.<br>Lock Bag 21 Taren Point 2229. |                                     | 9522 1000  | 9544 7662 | Counselling Services  |
| Colour Blind Awareness & Support<br>colourblind@optusnet.com.au<br>doverton@optusnet.com.au<br>www.members.optusnet.com.au/~doverton                                    | 116 Hampden Rd.,<br>South Wentworthville 2145  | Dennis Overton                      | 9688 2216  |           | Raising awareness, help & guidance with colour defective issues. Teaching strategies and career issue awareness.  |
| Community Services:<br>Georges River<br>Kogarah<br>Rockdale<br>St George  |  |                                     | 9579 6322<br>9587 6622<br>9556 1822<br>9580 9055 |           |   |
| Deaf Society of NSW<br>info@deafsociety.com<br>www.deafsocietynsw.org.au  | Level 4, 69 Phillip St.,<br>Parramatta 2124<br>PO Box 1060 Parramatta 2124           | Information Officer                 | 8833 3600<br>8833 3691<br>(TTY)                  | 8833 3699 | Deaf & hard of hearing; Family support services; Community access; Information and support. Training room has D.E.A.F. Club & DEN courses   |

## SERVICES FOR PEOPLE WITH DISABILITIES (PWD)

| Organisation   | Address   | Contact                                       | Phone  | Fax          | Other Details   |
|--|---|---|--|--------------|---|
| Disability Advocacy Service<br>pwd@pwd.org.au<br>www.pwd.org.au  | Office 2, 3A Stapleton Ave.,<br>Sutherland 2232                                     | Catherine Posniak                             | 1800 422 015<br>9370 3100<br>TTW: 9318<br>2138 | 9318 1372    | An individual disability advocacy service linking PWD with agencies, assistance in resolving problems, advice and information for families, carers & workers. Ring first (Funded through FaHCSIA).        |
| Engadine Community Aid:<br>Christina Mannyx (man), christina@ecs.ngo.org.au; JennyWaddell, jenny@ecsa.ngo.org.au; Anthea Bolton, anthea.edna@ecs.ngo.org.au; Yonne Vallak, yvonne.edna@ecs.ngo.org.au. |   |   |  |              |   |
| Family Advocacy<br>info@resourcingfamilies.org.au<br>www.resourcingfamilies.org.au   | 305/16-18 Cambridge St., Epping 2121<br>PO Box 502 Epping 1710                      | Kim Roots                                     | 9869 7753                                      | 9869 0722    | Resourcing families, providing information, ideas & strategies to help families make decisions, use initiatives & have the confidence to consider options such as self managed or self directed supports. |
| GMCT Transition Care.<br>lif.oconnor@sswahs.nsw.gov.au<br>www.health.nsw.gov.au/gmcttransition   | C/O Adolescent Service.<br>Level 5, KGV Building, Missenden Rd.,<br>Camperdown 2050 | Lif O'Connor                                  | 9515 6382                                      | 9515 6341    | Advice regarding smooth transitions from paediatric to adult services for people with specific ongoing disorders.   |
| Guide Dogs Association of NSW and ACT<br>wiltshire@guidedogs.com.au (low vision clinic)<br>www.guidedogs.com.au  | Po Box 1965 North Sydney 2059   | Jennifer Moon<br>(Community Services Manager) | 9412 9300                                      | 9412 9388    | All ages, orientation and mobility. Low vision clinic. Sydney, Metro, Act & Country NSW   |
| GyMEA Activity Centre for Visually Impaired People   | 28 Yuruga Ave, Caringbah 2229   | Mrs Cherie Gurtner                            | 9524 9940                                      |              | Meets Tues 9.30am to 2pm  |
| Homeless Persons Information Centre  |   |   | 1800 234 566                                   |              | City of Sydney  |
| Hurstville Community Food Services   | 7 Holly Rd., Beverly Hills 2209   |   | 9584 1286                                      | 9564 3648    | Meals on wheels type service.   |
| Hydrocephalus Support Association Inc  | 85 Gloucester Rd, Hurstville 2220   | Mr Jan Steinfurth                             | 9586 1057                                      | 9586 3431    | Support for people with Hydrocephalus or their carers/ family. Social outings. Resource material Quarterly newsletter.  |
| IDEAS - Disability Information Line<br>advovavy@ideas.org.au<br>www.ideas.org.au   | Suite 8, Level 1<br>330 Wattle St.,<br>Ultimo 2007.                                 | Emma Doukakis<br>Team Leader Advocacy         | 9211 1300<br>1800 029 904                      | 9211 1366    | Information about services and products. Interpreters if required. Referrals for advocacy can be arranged.  |
| Innovative Communication Programming   | 9 Oakland Ave., Beecroft 2119   | Ylana Bloom                                   | 9876 3568                                      | 9876 3568    | Australia wide services - Communication support for complex communication needs. Assessment, intervention, training, range of resources.  |
| Jannali Neighbourhood Aid  | PO Box 57 Jannali 2226  | Dianne Townsend                               | 9528 6299                                      | 9559 0515    | Frail, aged and elderly, younger clients with disability. Jannali and surrounding areas   |
| Kincare<br>www.kincare.org   | PO Box 7607 BC,<br>Baulkham Hills 2153  | Julie Cartledge<br>Wendy Hill                 | 1300 733 510                                   | 1300 733 520 | NSW,ACT,VIC. In-home community care services, nursing, transport, respite, individual plans   |
| Kingsway Christian Fellowship  | Cnr Kingsway & Jacaranda Rd,<br>Caringbah 2229                                      | Judy Levins                                   | 9527 2410                                      |              | Christian Fellowship group for PWD. 2nd Tuesday of each month 7.30 - 9.30. Games, craft, soccer, activities, wheelchair accessible.   |
| Kurranulla Aboriginal Corporation<br>kuranula@bigpond.net.au<br>www.sgmrc.org.au   | 15 Jannali Ave Jannali 2226<br>PO Box 516 Jannali 2226.                             | Tracie Balligal<br>Office Manager             | 9528 0287                                      | 9528 0828    | Range of services (HACC funded) including case management & day care for frail aged, people with disabilities & carers from indigenous backgrounds. Sutherland & St George LGAs.                          |

## SERVICES FOR PEOPLE WITH DISABILITIES (PWD)

| <b>Organisation</b>  | <b>Address</b>  | <b>Contact</b>                                  | <b>Phone</b>   | <b>Fax</b> | <b>Other Details</b>  |
|--|---|---|--|------------|---|
| Lantern Club Cronulla  | 10 Woonona Pde (West),<br>Oatley 2223   | Mrs Sheelagh Clark<br>Vice President            | 9570 7145  |            | Deaf & Blind children & young adults, also other disabilities.<br>Links with North Rocks residential school.  |
| Miranda Community Restaurant - Karimbla.<br>karimbla@bigpond.net.au                          | PO Box 369 Miranda 1490   | Susan Terry<br>Manager                          | 9526 2077  | 9540 3180  | HACC Sutherland target group. Food services.  |
| National Disability Coordination Officer   | 59 Charles St<br>Ryde NSW 2112<br>shanesmith@med.usyd.edu.au                                    | Shane Smith                                     | 8878 0511  | 9807 7053  | People with a disability, their families and key stakeholders assisting students with a disability transition from school into further education, training or employment. Inner Sydney, Eastern Suburbs Sutherland & St George. Inner West, Central West and Bankstown- Canterbury regions.   |
|  | c/- UWS Equity and Diversity Unit<br>Bourke St, Richmond NSW<br>d.toman@uws.edu.au              | Debi Toman                                      | 9685 9315  | 9685 9613  |   |
| Neighbour Aid<br>cbahnaid@bigpond.com (Caringbah)  | Miranda<br>Caringbah (9.30-4pm Tues - Fri)<br>Cronulla<br>Engadine<br>Gymea<br>Jannali<br>Menai |   | 9540 2633<br>9525 6806<br>9544 0104<br>9520 7022<br>95249559<br>9528 6299<br>9541 2022 | 9531 1969  | Provides social support as needed to: People with disabilities, are in a caring role, have difficulty with daily tasks and the frail aged. Services provided by volunteers who assist in a several areas e.g. information, shopping & banking, referral to other services, visits, assistance in the home or garden and with social activities. |
| New Era Independent Living Centre<br>info@newera.ispdr.com.au<br>bronwyn@newera.ispdr.com.au | 123 Flora St Sutherland 2232<br>PO Box 558 Sutherland 1499                                      | Bronwyn Afflick<br>Manager                      | 9542 3733  | 9545 1585  | Mod Intellectual disability. Site and community based programs  |
| New Horizons Club  | 123 Flora St,<br>Sutherland 2232  | Anita Arnold                                    | 9520 3412  |            | Meets 2nd 4th Saturdays 2-4pm Small fee applies. Cooking & craft activities for PWD, parent & carer involvement as required.  |
| NIDA (National Institute of Dramatic Art)<br>open@nida.edu.au<br>www.nida.edu.au             | 215 Anzac Pde.,<br>Kensington 2033  |   | 9697 7626  | 9313 6590  | Theatre, Film, Television. Acting, design, production crafts, directing and voice and movement studies. Short courses - enquire re courses for people with difficulties or disabilities.  |
| Parent to Parent Association.<br>ptop@f1.net.au.<br>www.parenttoparent.com.au                | PO Box 348,<br>Sutherland 1499  | Helen Panigiris                                 | 9522 8016  | 9522 8046  | Sutherland & St George Leisure & Recreation for young adults with disabilities & support for their families   |
| Pole Depot Community Centre Inc<br>neighbourhood@poledepot.org<br>www.poledepot.org          | PO Box 152<br>Penshurst 2222  | Community<br>Services Manager<br>Raine Kornfeld | 9580 0688  | 9580 4487  | St George Leisure activities for people with disabilities 18-35 yr old. Respite   |
| Prader Willi Syndrome Association of NSW.<br>nsw@pws.org.au                                  | 9 Beryl St., Warners Bay 2282   | Janene  | 4948 1993  |            | Websites - NSW: www.pws.org.au/nsw<br>Australia: www.pws.org.au   |
| Royal Institute for Deaf and Blind Children<br>www.ridbc.org.au                              | Private Bag 29<br>Parramatta 2124   |   | 9872 0311  | 9871 2196  |   |

## **SERVICES FOR PEOPLE WITH DISABILITIES (PWD)**

| <b>Organisation</b>  | <b>Address</b>   | <b>Contact</b>                                     | <b>Phone</b>              | <b>Fax</b> | <b>Other Details</b>  |
|--|--|--|---------------------------|------------|---|
| Shopfront Theatre for Young People<br>admin@shopfront.org.au   | 88 Carlton Pde., Carlton 2218  | Saskia Vromans<br>Outreach Director<br>Sarah Emery | 9588 3948<br>9553 8484    | 9588 6545  | Theatre activities for young people who may (or may not) have a difficulty or disability.   |
| Smartcare<br>info@smartcare.com.au<br>www.smartcare.com.au   | 13 Belarada Close<br>Bangor 2234<br>PO Box 3365 Bangor 2234                          | Lyn Cecil  | 9543 3434<br>1300 663 434 | 9543 1495  | Transport to appointments, with nursing care, for people with physical disabilities and the frail and aged.   |
| Southern Multiple Sclerosis Service<br>msconnect@msaustralia.org.au  | Suite 7/ 13-19 Hogben St<br>Kogarah 2217   | MS Connect   | 1800 042 138              |            | Support for people with MS and their families. Advocacy, referral, clinical assistance & treatment.   |
| Southern Suburbs Autism Support Group<br>autismgroup@optusnet.com.au   | 123 Flora St<br>Sutherland 2232  | Leanne Pearce                                      | 9545 1505                 | 9545 1505  | Autism Support Group. Meets 1st Tuesday of the month 7.30pm.  |
| (Northcott) Spina Bifida Group of N.S.W.<br>sbgroup@northcott.com.au   | 1 Fennell St., North Paramatta 2151<br>PO Box 4055 Parramatta 2124                   | Kayleen Flood                                      | 9890 0990                 | 9683 2827  | Membership fee, information, magazine, fully accessible holiday cabins at Budgewoi. Can be eligible for subsidy scheme for incontinence products.   |
| Southern Community Welfare Inc<br>admin@scw.org.au<br>www.scw.org.au   | 2-4 Tea Gardens Ave., Kirrawee 2232<br>(enter fom Princes Hwy)                       |  | 9545 0299                 | 9521 6252  | Programs to offer assistance with suicide prevention, deliberate self injury, eating disorders, depression, child abuse, loss & grief, family breakdown & parenting skills. Other initiatives.  |
| Southern Suburbs Special Needs Toy Libray  | 123 Flora St Sutherland 2232   | Paula Goulden                                      | 9545 2214                 |            | Monday - Thursday 10- 1pm; 1st Saturday each month only during school terms.  |
| Spinal Cord Injuries Australia<br>dstern@scia.org.au<br>www.scia.org.au  | 1 Jennifer St., Little bay 2036<br>PO Box 397<br>Matraville 2036                     | David Stern<br>Information Officer                 | 9661 8855                 | 9661 9598  | Australia wide sevice for people with severe physical disabilities. Advocacy to assist in accommodation, mobility, education & health. Walkon (inensive exercise/recovery program) Peer Support and magazine "Accord".  |
| St George Migrant Resource Centre<br>CALD Community Care Program<br>margheritab@sgmrc.org.au<br>www.sgmrc.org.au | 552 Princes Hwy Rockdale 2216  | Coordinator  | 9597 5455                 | 9567 3326  | Linkage and coordination with services for CALD clients in St George and Sutherland. Frail aged, people with a disability and their carers. Bilingual staff - Italian, Arabic, Greek, Macedonian, Chinese, Indian Sub Continent and minority groups. HACC target group. |
| Sutherland Food Services Inc.  | PO Box 2497<br>Taren Point 2229.   | Peter Ince   | 9540 7365                 | 9526 6121  | Meals on Wheels - also catering for people with disabilities if required.   |
| Sutherland Shire Carers and Consumers Forum.<br>tracy@ssccn.org.au.<br>www.sccn.org.au                           | Office 1, Stapleton Ave Community<br>Centre<br>3A Stapleton St., Sutherland 2233     | Tracy Sami<br>(Tuesday - Friday)                   | 9542 6292<br>9542 3635    | 9542 6291  | HACC clients, people with disabilities, frail older people and carers in the Sutherland Shire. Meetings to discuss experiences & concerns, appropriate follow up and reporting of issues.   |
| Sutherland Shire Carer Support Service.<br>leonie@ssccn.org.au<br>nora@ssccn.org.au<br>maryantoniou@ssccn.org.au | Community Centre,<br>Office 1, Stapleton Ave.,<br>3A Stapleton Ave., Sutherland 2233 | Katie Robins<br>Manager                            | 9542 6292                 | 9542 6291  | Parents, Carers, Service Users Suthlnd Shire, information & support:<br>Leonie Puckeridge (Mon - Wed);<br>Nora Mak (Tues & Thurs) - Mandarin & Cantonese speaking;<br>Mary Antoniou (Thur or Fri) - Greek speaking.   |

## **SERVICES FOR PEOPLE WITH DISABILITIES (PWD)**

| <b>Organisation</b>   | <b>Address</b>  | <b>Contact</b>                                   | <b>Phone</b>                 | <b>Fax</b> | <b>Other Details</b>  |
|---|---|--|------------------------------|------------|---|
| Sutherland Shire Community Transport Inc<br>manager.ssct@people.net.au                | PO Box 303<br>Engadine 2233   | Roslyn Morton                                    | 9520 7986<br>9548 0133       | 9548 0926  | Aged frail and disabled & transport disadvantaged   |
| Sutherland Shire HACC Development Project<br>melinda@ssccn.org.au<br>www.sssci.org.au | Community Centre<br>Office 13, Stapleton Ave<br>3A Stapleton Ave., Sutherland 2232. | Melinda Paterson                                 | 9542 6244                    | 9545 6599  | Information on services for younger people with disabilities, frail aged & carers. Directoy of services on website.   |
| Sutherland Shire Home Modification & Maintenance Service.<br>admin@sshmms.com.au      | Unit 32, 65-75 Captain cook Drive<br>Caringbah 2229                                 | Manager  | 9524 1100                    |            | Services to young people with disabilities, frail aged and carers. Modifications as needed. ADHC funded.  |
| Sutherland Shire Learning Difficulties Support Group                                  | 123 Flora St Sutherland 2232<br>PO Box 580 Sutherland 1499                          | Antonia Canaris<br>(Volunteer)                   | 9545 1505                    | 9545 1505  | Support group for parents and professionals. Self help group providing information & support to parents & carers of students with Learning difficulties and/or Autism.    |
| Sylvanvale Foundation<br>reception@sylvanvale.com.au<br>www.sylvanvale.com.au         | PO Box 29<br>Sutherland 1499  | Reception  | 8536 0100                    | 9521 3610  | Sutherland and St George areas. Intellectual Disability - High/Mod Support. A comprehensive range of services.  |
| The Cerebral Palsy Spastic Centre of NSW<br>www.thespasticcentre.com.au               | HO 321 Mona Vale Rd.,<br>Terrey Hills 2084  | Pathways<br>Coordinator                          | 1300 888 378<br>9479 7200    |            | Children with cerebral palsy, acquired brain injury and multiple disabilities. Enquire re sevices in your area.   |
| Vision Australia - Enfield HO<br>www.visionaustralia.org.au                           | 4 Mitchell St., Enfield 2136  | Customer Service                                 | 1300 847 466 -<br>1300vision | 9747 5993  | Low vision support, equipment, solutions shops. Full range of sevices, children's services and clinics.   |
| Vision Australia - Caringbah  | 301 Kingsway Caringbah 2229   |  |                              |            |   |
| Vision Australia - Fairy Meadow   | 2/135-143 Princes Hwy Fairy meadow<br>2519 PO Box 619 Fairy Meadow 2519             |  |                              |            |   |
| Volunteer Link<br>vollink@stgcs.com.au<br>www.stgcs.cpm.au                            |   | Nicole Anderson-<br>Brown Team<br>Leader         | 4225 9727                    | 4227 1400  |   |
| Quantum Technology.<br>info@quantumtechnology.com.au.<br>www.quantumtechnology.com.au | P.O. Box 390 (5 South St.)<br>Rydalmere 2116  | Customer Service<br>Manager -<br>Jeannette Potts | 8844 9888.<br>8844 9831      | 9684 4717  | Opportunities to volunteer to assist in many vocational areas e.g: administation, transport, food services, customer service, gardening, retail and working with animals. |
|   |   |  |                              |            | Vision support & technologies. Low Vision & blindness products & software.  |

# Youth Services

| Organisation   | Address   | Contact               | Phone     | Fax       | Other Details   |
|--|---|-----------------------|-----------|-----------|---|
| <b>Sutherland Shire</b>  |   |                       |           |           |   |
| Bridge Youth Services<br>ymcdonell@bigpond.com   | PO Box 288, Sutherland 1499                             |                       | 9521 6182 | 9545 4311 | Emergency accommodation for youth   |
| Engadine District Youth Services<br>info@edys.com.au www.edys.com.au                               | 16-20 Station St<br>Engadine 2233                       |                       | 9548 2734 | 9548 6791 | Support, challenges & choices for young people.   |
| Shire Wide Youth Sevices<br>admin@shirewideyouth.org.au  | 91A Kiora Rd Miranda 2228<br>PO Box 333 Miranda 1490    |                       | 9525 7919 | 9525 1991 | Ring re Free medical services for 12-25yr olds; drop in centre Tue-Thur; Accommodation Project Outreach |
| Shire Wide Youth Services  |   |                       | 9543 6440 |           | Menai   |
| Sutherland Police Community Youth Club   |   |                       | 9521 5690 |           |   |
| Sutherland Shire Family Services - Youth & Family Project<br>yaf@ihug.com.au                       | The Shire Family Centre.<br>90 Soldiers Rd Jannali 2226 | Youth & Family worker | 9528 2933 | 9528 2633 | Youth 12 - 18 years and/or families   |
| Sutherland Shire Youth Council<br>youthcouncil@ssc.nsw.gov.au<br>www.myspace.com/shireyouthcouncil |   |                       | 9710 0152 | 9528 2633 | 15 - 25 years   |
| Youth Matters  |   |                       | 9548 2495 |           |   |

|   |                               |                       |              |           |  |
|---|-------------------------------|-----------------------|--------------|-----------|--|
| <b>St George Area</b>   |                               |                       |              |           |  |
| Kids Help line  | Sutherland & St George areas  |                       | 1800 551 800 |           | 24 hours - 7 days a week.  |
| Parents Help line   |                               |                       | 132 055      |           |  |
| Southside Clinical Psychology<br>enquiries@southsidehealth.com.au<br>www.southsidehealth.com.au | 12 The Avenue Hurstville 2220 | Clinical Psychologist | 9579 2480    |           | Young people with stress, anxiety, depression, relationship & family issues. |
| St George Backstop Youth & Family Support Service   |                               |                       | 9553 9100    |           |  |
| St George Youth Services<br>ready@stgeogeyouth.org<br>www.stgeogeyouth.org                      | 18 Treacy St, Hurstville      | Coordinator           | 9570 9465    | 9570 7174 | Resources & Education on Alcohol & Drugs for Youth - READY                   |
| YouthZone Youth Centre  |                               |                       | 9580 8008    |           |  |

## **DRUG AND ALCOHOL - Emergency 000 (or 112 from a mobile)**

| <b>Organisation</b>  | <b>Address</b>   | <b>Contact</b> | <b>Phone</b> | <b>Fax</b> | <b>Other Details</b>  |
|--|--|----------------|--------------|------------|---|
| Alcohol and Dug Counselling  | 430 The Kingsway Caringbah<br>(behind Sutherland Hospital) | Intake Officer | 9522 1000    |            | 8.30-5.00 weekdays, counselling,<br>education & information |
| Alcohol and Drug Information Service                               |  |                | 9361 8000    |            | 24 hour service   |
| Cannabis Clinic  |  |                | 8536 0300    |            |   |
| Central Access Service   |  |                | 9522 1046    |            | also 0411 404 907   |
| Drug & Alcohol Multicultural Education<br>Centre                   |  |                | 9699 3552    |            |   |
| READY Project  |  |                | 9570 9465    |            |   |
| Teen Challenge<br><a href="http://www.tcnsw.org">www.tcnsw.org</a> |  |                | 9644 7737    |            | Rehabilitation & training centre                            |

# Mental Health Services

| Organisation   | Address   | Contact                      | Phone  | Fax       | Other Details  |
|--|---|------------------------------|--|-----------|--|
| Black Dog Institute  | www.blackdoginstitute.org.au                      |                              | 9382 4523  | 9382 8208 | Research & education facility for depression & bipolar disorder. Not a crisis centre.  |
| CARE for Families<br>Associated with Breakthru - See DES page<br>www.breakthru.org.au      | 429 Princes Hwy.<br>Rockdale NSW 2216             | Program Manager              | 9505 8400  | 9567 9346 | A free program helping people with mental illness and their families access services. Long term educational and counselling program.   |
| Caringbah Community Health Centre<br>wendy.conroy@sesiahs.health.nsw.gov.au                | Sutherland Hospital Campus                        | Wendy Conroy                 | 9522 1000  | 9522 1080 | Child, youth and family counselling teams 0-18 yrs Behaviours and learning issues, non compulsory and a free service.  |
| Club SPERANZA<br>www.clubspanza.org  | PO Box 96<br>Neutral Bay 2089                     |                              | 9908 1233  |           | Support groups regarding suicide & self harm. "Hold Out Your Hand", groups in Sydney Metro area.   |
| Engadine Community Health Centre   | 116 Caldara Ave., Engadine 2233                   |                              | 9520 4644  |           | Counselling - mental health, drug & alcohol problems. Social workers, skilled nurses in early childhood & women's health.  |
| GROW<br>growns@tpg.com.au<br>www.grow.net.au   | 27 Hope St<br>Rosehill 2142                       | Office staff                 | 9633 1800<br>1800 558 268  | 9633 1149 | Information & support for people with mental health issues, living in the Sutherland & St George areas - Statewide support groups.   |
| Mental Health Information Service<br>mha@mentalhealth.asn.au<br>www.mha@mentalhealthasn.au | Level 5 80 William St<br>East Sydney 2011         |                              | 1300 794 991   | 9339 6066 | Information regarding mental health issues. Comprehensive database of services issued annually.  |
| TAFE Consultants   |   |                              |  |           | See TAFE pages   |
| University Support   |   |                              |  |           | See University pages   |
| Schizophrenia Fellowship of NSW Inc<br>www.sfns.org.au                                     | Building 37 6 Digby Rd.,<br>Gladesville 2111      | Volunteers on<br>switchboard | 9879 2600  |           | Supports people and families with Schizophrenia & other mental health issues.  |
| St George Mental Health Services   | Mental Health Centres at Rockdale &<br>Hurstville | Administration Staff         | Intake service in office hours:<br>9540 7474. Urgent assistance after<br>hours & weekends: St George<br>Hospital switchboard: 9113 1111. |           | Prevention, treatment, education & support for a range of emotional, mental health and/or drug & alcohol problems. Free & confidential services from doctors, nurses, psychologists, social workers, counsellors, OTs & rehab workers. |
| Sutherland Family Services   |   |                              | 9528 2933  |           | Youth Service  |
| Sutherland Hospital Mental Health  |   |                              | 9540 7800  |           | Monday - Friday 9am - 5pm.   |
| Transcultural Mental Health Centre   |   |                              | 1800 648 911   |           |  |

# Mental Health Help Lines

| Organisation  | Address  | Contact     | Phone  | Fax       | Other Details  |
|---|--|-------------|--|-----------|--|
| Beyond Blue   | <a href="http://www.beyondblue.com.au">www.beyondblue.com.au</a>                         |             | 1300 224 636                                     |           | Information on depression  |
| Beyond Blue - 'SenseAbility' Initiative.                    | <a href="http://www.beyondblue.org.au/sensibility">www.beyondblue.org.au/sensibility</a> |             | 9382 4543  | 9382 2320 | Register online in order to enquire re a kit to assist in strengthening resilience and mental health.                |
| Community Mental Health (Sutherland Shire)                  | Community Mental Health  | Switchboard | 9540 7831 (Crisis Team)<br>9540 7474 (non acute) |           | 24 hrs toll free or call 000. Non acute# to access available mental health services in Sutherland & St George areas. |
| Crisis Centre, Wayside chapel                               | <a href="http://www.thewaysidechapel.com">www.thewaysidechapel.com</a>                   |             | 9358 6577  |           |  |
| Depressionet  | <a href="http://www.depressionet.com.au">www.depressionet.com.au</a>                     |             |  |           |  |
| Domestic Violence Line                                      |  |             | 1800 656 463<br>1800 671 442 TTY                 |           | 24/7 service. Assistance for families in domestic violence situations.   |
| Kids Help Line  |  |             | 1800 551 800                                     |           | 24/7 free, confidential and anonymous, phone & online service 5 - 18 yrs.  |
| Lifeline Australia  |  |             | 13 11 14   |           | 24/7 confidential telephone counselling for anyone, anytime.   |
| Menai Community Health Care                                 |  |             | 9543 1111  |           |  |
| Mensline Australia  |  |             | 1300 789 978                                     |           | 24/7 support for men dealing with family & relationship difficulties.  |
| Mental Health Association of NSW                            |  |             | 9339 6000  |           | The way ahead  |
| Mental Health Crisis Team                                   |  |             | 9540 7800  |           | Open 24 hours, toll free   |
| Mission Australia - Missionbeat                             | <a href="http://www.missionaustralia.com.au">www.missionaustralia.com.au</a>             |             | 1300 306 461                                     |           | Emergency transport service for homeless people in the CBD.  |
| Salvo Care Line   |  |             | 1300 363 622                                     |           | 24/7 telephone Christian counselling service   |
| SANE Helpline<br>(Access email hotline through the website) | <a href="http://www.sane.org">www.sane.org</a>   |             | 1800 187 263                                     |           | Information, advice and referral service for people concerned about Mental Health issues.                            |
| Southern Community Welfare                                  |  | Susan Foyle | 9521 6252  |           | Counselling Service - Sutherland Shire.  |
| Sutherland Shire Suicide Safety Network                     |  |             |  |           | Program suspended, new program planned, please check Sutherland Council website for any update.                      |
| Teen Challenge  | <a href="http://www.tcnnsw.org">www.tcnnsw.org</a>                                       |             |  |           | Many useful contacts - therapists, inpatient and day programs for people with drug & alcohol problems.               |
| Ted Noffs Foundation  | <a href="http://www.noffs.org.au">www.noffs.org.au</a>                                   |             | 9310 0133  |           | Freecall: 1800 151 045. Counselling for adolescents & rehabilitation programs.                                       |
| Upzone Youth Health Clinic (Hurstville)                     |  |             | 9570 9678  |           | Office hours Mon-Wed only. Ring for mobile contact at other times. GP clinic Wed 3-5: Sexual health Thus 4-6.        |
| Youth Line Sydney   | <a href="http://www.lifelinesydney.org">www.lifelinesydney.org</a>                       |             | 9951 5522  |           |  |

# DEPARTMENT OF EDUCATION & TRAINING

| Region   | Address  | Contact   | Phone     | Fax       | Other Details  |
|--|--|---|-----------|-----------|--|
| <b>SYDNEY REGION</b><br>Student Services Officers (SSOs) at:<br>Bondi Office - 9298 6900<br>St Peters Office - 9582 5800<br>Miranda Office - 9531 3900 | Miranda Regional Office.<br>The Kingsway Miranda 2228                              | Disabilities Programs<br>Consultant - Frances Smith                 | 9531 3900 | 9531 3999 | Sutherland Local Government Area<br>Students with disabilities.  |
|  | Endeavour Sports High School.<br>Cnr Boulevarde and Taren Pt Rds., Caringbah 2229. | Support Teacher Transition-<br>Lilian Barter                        | 9524 0615 | 9545 4458 | Sutherland Local Government Area<br>Students with disabilities and their preparation for post school life              |
|  | St Peters Regional Office.<br>Church St., St Peters 2044                           | Disabilities Programs<br>Consultant - Catherine Wortley             | 9582 5800 | 9582 5899 | St George Local Government Area<br>Students with disabilities.   |
|  | Arncliffe Regional Office.<br>Segenhoe St., Arncliffe 2205                         | Vocational Education<br>Consultants - Ed Wilson and<br>Wendy Winton | 9582 2800 | 9557 3097 | St George and Sutherland Local Government<br>Areas<br>Students' vocational preparation for post school<br>life         |
|  | Cairnsfoot SSP<br>22 Loftus Street, Arncliffe 2205                                 | Support Teacher Transition-<br>Linda McGovern                       | 9599 0416 | 9556 1743 | St George Local Government Area<br>Supporting students with disabilities and their<br>preparation for post school life |
|  | Arncliffe Regional Office.<br>Segenhoe St., Arncliffe 2205                         | Ada Mackay  | 9582 2816 | 9556 3097 | St George Local Government Area<br>School Based Traineeships<br>Yr 11 and 12 students                                  |
|  | Arncliffe Regional Office.<br>Segenhoe St., Arncliffe 2205                         | Anne Louey  | 9582 2871 | 9556 3097 | Multicultural Consultant Years 7 - 12  |

# FURTHER EDUCATION AND VOCATIONAL TRAINING

| <b>Organisation</b>  | <b>Address</b>   | <b>Contact</b>   | <b>Phone</b>                | <b>Fax</b>   | <b>Other Details</b>  |
|--|--|--|-----------------------------|--------------|---|
| ABL-AC Australian Business Ltd.<br>Apprenticeships Centre  | Locked Bag 938 North<br>Sydney 2059<br>(Head Office)                                   | Stacey Cox<br>Natalie<br>Bernhardt                         | 1300 652 236<br>(HO)        | 1300 650 755 | Apprenticeships, Traineeships, government incentives.<br>Stacey Cox- Sutherland Shire - 0409 664 592<br>Natalie Bernhardt - St George - 0417 065 088  |
| Bankstown Community College  | 1st Floor,<br>457 Chapel Rd,<br>Bankstown 2200   | Reception  | 9793 8155                   | 9793 8604    | Bankstown, Bass Hill, Milperra, Padstow, Revesby,<br>Sefton. Varied courses.<br>All Disabilities Wheelchair access at Bankstown   |
| Career Connections<br>natalie@careerconnections.net.au<br>www.careerconnections.net.au                                     | Suite 5C, 124 Forest<br>Rd., Hurstville 2220   | Natalie Hernandez<br>Khadiga Hammoud<br>wkplace coordinatr | 9570 7779                   | 9773 4833    | Partnerships in St George, Canterbury, Bankstown, Inner<br>Western Sydney. Structured workplace learning for yrs 11 &<br>12, coordinating with schools & TAFE.  |
| Deaf Education Network<br>den@deaf.nsw.edu.au<br>www.deaf.nsw.edu.au   | Level 4, 69 Phillip St<br>Parramatta 2150.<br>POBox 1060<br>Parramatta 2121            | Catherine Viney  | 8833 3630                   | 8845 9455    | Strathfield and Surrounding Areas<br>Deaf and Hearing Impaired  |
| Directions Australia<br>jffonar@directionsaustralia.com.au   | Level 2. 1-5 Commercial<br>Rd Kingsgrove 2208  | Office Manager   | 9150 5881                   | 9510 5861    | Train workers to support people with disabilities - Train<br>people with disabilities: Cert I in Job Readiness; Cert II in<br>Laundry. Cert III in Disability work.   |
| National Disability Co-ordination<br>Officer (NDCO) Program<br>shanesmith@med.usyd.edu.au<br>www.cdds.med.usyd.edu.au/dco/ | Centre for Disability<br>Studies<br>PO Box 6<br>Ryde NSW 1680                          | Shane Smith  | 8878 0511                   | 9807 7053    | Southern Sydney Area. Coordinates the support provided to<br>students with disabilities as they make the transition from<br>school to further study and employment.   |
| Full Service Schools   | Bankstown TAFE<br>Room14a<br>Ground Floor, E Block<br>500 Chapel Rd,<br>Bankstown 2200 | Sharon Wilson  | 9780 5736                   | 9708 6470    | Bankstown, Fairfield, Granville, Liverpool<br>Students who have low levels of numeracy/ literacy, poor<br>attendance patterns, excessive family responsibilities or<br>those students needing to develop social or vocational skills. |
| Learning Links<br>www.learninglinks.org.au   | 10 Railway Pde.,<br>Penshurst 2222   | Manager  | 9580 4888<br>8568 8200 (HO) | 9580 4788    | Peakhurst, Penshurst, Kingsford, Brookvale, Mt Pritchard.<br>0-16 yrs for people with learning disabilities.  |
| St George & Sutherland<br>Community College  | 127-129 Sutherland Rd,<br>Jannali 2226   | Cathy Lovelock   | 9528 6771                   | 9589 0517    | 15 years to aged. Variety of courses - mainstream &<br>modified Community Participation Transition to Work  |
| St George Workplace Learning<br>Partnership Inc  | Cnr Segenhoe & Avenal<br>Sts Arncliffe 2205  | Chrissie Piontek   | 9582 2811                   | 9556 3097    | To be accessed via schools. Extensive employer network.   |
| Sutherland BEN (Business<br>Education Network) Inc   | PO Box 367<br>Miranda 1490   | Diana Lang   | 9531 3975                   | 9525 3431    | To be accessed via schools. Extensive employer network.   |
| POEM Program   | 63A Wairoa Rd.,<br>Bondi 2026  | Suzy<br>McCormack  | 9365 2500                   | 9365 2705    | Independent school, support for disengaged students in<br>years 7 - 9.  |

## CAREER WEBSITES:

| Resource                           |  | Further Information   |
|------------------------------------|--|---|
| Job Guide                          |  | Includes occupational profiles & information for parents.             |
| myfuture                           |  | A personalised interactive guide for students to create a career plan |
| TaLE                               |  | A NSW DET education portal that has a "Parents & Community" section.  |
| TAFE NSW                           |  | Information on TAFE courses & colleges                                |
| Year 12 what next?                 |  | Helps students plan their post-school education & training            |
| NSW School-Based Traineeships      | <a href="http://www.det.nsw.edu.au/vetinschools/traineeships/sbt/index.html">www.det.nsw.edu.au/vetinschools/traineeships/sbt/index.html</a> |   |
| Going to Uni                       |  | Information on courses and Universities                               |
| TVET Courses                       |  |   |
| Australian JobSearch               |  | Free online employment service  |
| National Skills Shortages Strategy |  |   |

## EMPLOYMENT CONTACT NUMBERS:

| Contact                                    | Phone number |                               |
|--|--------------|-------------------------------|
| Customer Service                           |              |                               |
| Employers call                             |              |                               |
| Indigenous Services                        |              |                               |
| Job Seekers call                           |              |                               |
| JPET (Job Placement Employment & Training) |              | Support for 15 - 21 year olds |

## **JOB SERVICES AUSTRALIA - SUTHERLAND SHIRE:**

| <b>Suburb; Service:</b>             | <b>Phone number</b>               | <b>Contact; Address; email:</b>   |
|-------------------------------------|-----------------------------------|---|
| Caringbah M.T.C Work Solutions      | 9541 3100 (Man. Kerry Lambert)    | <a href="mailto:klambert@mtcwork.com.au">klambert@mtcwork.com.au</a><br>Level B1 355-359 The Kingsway, Caringbah 2229.  |
| Miranda A4e Australia               | 9383 5371 (Man. Kristie Chambers) | Kristie Chambers; <a href="mailto:info@A4e.com.au">info@A4e.com.au</a> <a href="http://www.A4eaustralia.com">www.A4eaustralia.com</a><br>601 The Kingsway Miranda 2228. |
| Sutherland Max Employment           | 9574 8200 (Man. Ellen Warnest)    | Suite 504&505 Endeavour House, 3-5 Stapleton Ave Sutherland 2232  |
| Local Employment Training Solutions | 8536 0888 (Man. Paul Parkes)      | <a href="mailto:paul.parkes@catholiccare.org">paul.parkes@catholiccare.org</a> Level 3. 33-35 Belmont St Sutherland 2232  |

## **JOB SERVICES AUSTRALIA - ST GEORGE:**

| <b>Suburb; Service:</b>                    | <b>Phone number</b> | <b>Contact; Address; email:</b>   |
|--|---------------------|---|
| Kogarah A4e Australia                      | 9383 5345           | <a href="mailto:info@A4eaustralia.com">info@A4eaustralia.com</a> <a href="http://www.A4eaustralia.com">www.A4eaustralia.com</a><br>Suite 2 1-5 Derby St 2217 Kogarah 2217 |
| Hurstville APM (Vocational Rehab Services) | 1300 366 047        | <a href="mailto:hurstville.es@apm.net.au">hurstville.es@apm.net.au</a> <a href="http://www.apm.net.au">http://www.apm.net.au</a>  |

## **USEFUL WEBSITES:**

Comprehensive Website for Australian Apprenticeships and Traineeships: <http://www.aapathways.com.au>  
New free career aptitude quiz website: [www.skillsroad.com.au](http://www.skillsroad.com.au)

# Sydney Institute of TAFE - Head Teachers/Consultants

| <b>Disabilities</b>       | <b>Consultant</b>  | <b>Email</b>   | <b>Phone</b>                       | <b>Fax</b> | <b>Address</b>  |
|---------------------------|--|--|------------------------------------|------------|---|
| Deaf/Hearing Impaired     | Jennifer Truran - St George/Sutherland   | <a href="mailto:jennifer.truran@tafensw.edu.au">jennifer.truran@tafensw.edu.au</a><br><a href="mailto:jennifer.truran@det.nsw.edu.au">jennifer.truran@det.nsw.edu.au</a>   | 9598 6399<br>0402 508 868 -<br>SMS | 9588 9810  | Bld. A, Rm AG19,<br>Cnr Princes Hwy & President Ave<br>Kogarah 2217                     |
|                           | Alison Morris - Randwick   | <a href="mailto:alison.morris@tafensw.edu.au">alison.morris@tafensw.edu.au</a><br><a href="mailto:alison.morris@det.nsw.edu.au">alison.morris@det.nsw.edu.au</a>   | 9469 8552<br>0416 808 90 -SMS      | 9469 8643  | Bld. A, Level 1, Rm. 125D,<br>Cnr Darley Rd & King St<br>Randwick 2031 & Bld. E, Ultimo |
|                           | Christopher Slade (Acting) - Ultimo  | <a href="mailto:christopher.slade@tafensw.edu.au">christopher.slade@tafensw.edu.au</a><br><a href="mailto:christopher.slade@det.nsw.edu.au">christopher.slade@det.nsw.edu.au</a>   | 9217 4411                          | 9217 3147  | Bld. D, Rm D4.57<br>Mary Ann St., Ultimo 2007   |
|                           | David Healy - Petersham, Eora,<br>Enmore   | <a href="mailto:david.healy@tafensw.edu.au">david.healy@tafensw.edu.au</a><br><a href="mailto:david.healy@det.nsw.edu.au">david.healy@det.nsw.edu.au</a>   | SMS only<br>0408 252 304           | 9335 2602  | Bld. C, Level 1 Rm 27,<br>Crystal St., Petersham 2049                                   |
| Intellectual Disabilities | Michelle Stainlay -<br>St George, Sutherland   | <a href="mailto:michelle.stainlay@tafensw.edu.au">michelle.stainlay@tafensw.edu.au</a><br><a href="mailto:michelle.stainlay@det.nsw.edu.au">michelle.stainlay@det.nsw.edu.au</a>   | 9598 6268                          | 9588 6409  | Bld A, RoomAG212,<br>Cnr Princes Hwy & President Ave<br>Kogarah 2217                    |
|                           | Tina Binepal - Ultimo  | <a href="mailto:tina.binepal@tafensw.edu.au">tina.binepal@tafensw.edu.au</a><br><a href="mailto:tina.binepal@det.nsw.edu.au">tina.binepal@det.nsw.edu.au</a>   | 9217 3970                          | 9217 3147  | Building D, Room D4.47,<br>Mary Ann St., Ultimo 2007                                    |
|                           | Lynn Koeppel - Randwick  | <a href="mailto:lynn.koeppel@tafensw.edu.au">lynn.koeppel@tafensw.edu.au</a><br><a href="mailto:lynn.koeppel@det.nsw.edu.au">lynn.koeppel@det.nsw.edu.au</a>   | 9469 8537                          | 9469 8643  | Bld A, Level 1, Rm 125B,<br>Cnr Darley Rd & King St<br>Randwick 2031                    |
|                           | Mimi Teeger - Petersham, Enmore,<br>Eora, Ultimo.  | <a href="mailto:mimi.teeger@tafensw.edu.au">mimi.teeger@tafensw.edu.au</a><br><a href="mailto:mimi.teeger@det.nsw.edu.au">mimi.teeger@det.nsw.edu.au</a>   | 9335 2532                          | 9335 2361  | Bld. C, Level 1 Room 20, Crystal St.,<br>Petersham 2049                                 |
| Neurological Disabilities | Keri Aggett - Sutherland, St George  | <a href="mailto:keri.aggett@tafensw.edu.au">keri.aggett@tafensw.edu.au</a><br><a href="mailto:keri.aggett@det.nsw.edu.au">keri.aggett@det.nsw.edu.au</a>   | 9710 5879                          | 9710 5814  | Bld. G, Rm G1,<br>Rawson Avenue, Loftus 2232  |
|                           | Heather Beebe - Ultimo, Randwick,<br>Eora<br>Sue Johnston-Ultimo, Enmore,<br>Petersham             | <a href="mailto:heather.beebe@tafensw.edu.au">heather.beebe@tafensw.edu.au</a><br><a href="mailto:heather.beebe@det.nsw.edu.au">heather.beebe@det.nsw.edu.au</a><br><a href="mailto:susan.johnston@tafensw.edu.au">susan.johnston@tafensw.edu.au</a><br><a href="mailto:susan.johnston@det.nsw.edu.au">susan.johnston@det.nsw.edu.au</a> | 9217 4715<br>9217 3628             | 9217 3147  | Bld. D, Rm D4.46,<br>Mary Ann St., Ultimo 2007  |
| Physical Disabilities     | Marea Jordan - Watt<br>St George, Sutherland (Gynea, Loftus),<br>Randwick, Enmore,Petersham, Eora. | <a href="mailto:marea.jordanwatt@tafensw.edu.au">marea.jordanwatt@tafensw.edu.au</a><br><a href="mailto:marea.jordanwatt@det.nsw.edu.au">marea.jordanwatt@det.nsw.edu.au</a>   | 9469 8642                          | 9469 8643  | Building A, Room A125,<br>Darley Rd & King St<br>Randwick 2031                          |
|                           | Maree Marsh - Ultimo   | <a href="mailto:maree.marsh@tafensw.edu.au">maree.marsh@tafensw.edu.au</a><br><a href="mailto:maree.marsh@det.nsw.edu.au">maree.marsh@det.nsw.edu.au</a>   | 9217 3099                          | 9217 3147  | Building D, Room D4.55.<br>Mary Ann St. Ultimo 2007                                     |
| Psychiatric Disabilities  | Peta Smith - St George, Sutherland.  | <a href="mailto:peta.smith@tafensw.edu.au">peta.smith@tafensw.edu.au</a><br><a href="mailto:peta.smith@det.nsw.edu.au">peta.smith@det.nsw.edu.au</a>   | 9710 5193                          | 9710 5026  | Bld A, Room AG09A,<br>Cnr. Hotham Rd &The Kingsway,<br>Gynea 2227                       |
|                           | Rhonda Debney - Ultimo, Eora,<br>Enmore, Petersham, Randwick.                                      | <a href="mailto:rhonda.debney@tafensw.edu.au">rhonda.debney@tafensw.edu.au</a><br><a href="mailto:rhonda.debney@det.nsw.edu.au">rhonda.debney@det.nsw.edu.au</a>   | 9335 2310                          | TBA        | Petersham (TBA)   |
| Vision Impairment         | Vivienne Smith - All campuses  | <a href="mailto:vivienne.smith@tafensw.edu.au">vivienne.smith@tafensw.edu.au</a><br><a href="mailto:vivienne.smith@det.nsw.edu.au">vivienne.smith@det.nsw.edu.au</a>   | 9217 4061                          | 9217 3147  | Building D, Level 4, Room - D4.48,<br>Mary Ann St., Ultimo 2007                         |

## SOUTH WESTERN SYDNEY INSTITUTE OF TAFE - Head Teachers/Consultants

| <b>Disabilities</b>                    | <b>Consultant</b>                             | <b>Email</b>   | <b>Phone</b>                  | <b>Fax</b> | <b>Address</b>  |
|--|---|--|-------------------------------|------------|---|
| Deaf/Hearing Impaired (Miller)         | Doug Bowers                                   | <a href="mailto:doug.bowers@det.nsw.edu.au">doug.bowers@det.nsw.edu.au</a>   | 9825 7449<br>SMS 0401 376 878 | 9607 5931  | Miller, Liverpool, Campbelltown, Macquarie Fields                             |
| Deaf/Hearing Impaired (Granville)      | Julie Tait                                    | <a href="mailto:julie.tait@det.nsw.edu.au">julie.tait@det.nsw.edu.au</a>   | 9682 0265<br>TTY 9637 3549    | 9682 0380  | Granville, Wetherill Park   |
| Deaf/Hearing Impaired (Padstow)        | Eleanor Mulligan (Acting)                     | <a href="mailto:eleanor.mulligan@det.nsw.edu.au">eleanor.mulligan@det.nsw.edu.au</a>   | 9722 5353<br>(Voice & TTY)    | 9722 5453  | Padstow, Bankstown, Lidcombe  |
| Intellectual Disabilities (Granville)  | Carmel Silvestro                              | <a href="mailto:carmel.silvestro@det.nsw.edu.au">carmel.silvestro@det.nsw.edu.au</a>   | 9682 0384                     | 9682 0380  | Granville, Wetherill Park   |
| Intellectual Disabilities (Padstow)    | Steve Berry                                   | <a href="mailto:steve.berry@det.nsw.edu.au">steve.berry@det.nsw.edu.au</a>   | 9722 5359                     | 9722 5453  | Building H, Raine Rd Padstow 2211, Bankstown, Lidcombe                        |
| Intellectual Disabilities (Cambeltown) | Stewart Smith                                 | <a href="mailto:stewart.smith@det.nsw.edu.au">stewart.smith@det.nsw.edu.au</a>   | 4620 1804                     | 4620 1969  | Cambelltown, Miller, Macquarie Fields, Liverpool                              |
| Physical (Miller)                      | Jane Kelly                                    | <a href="mailto:jane.kelly@det.nsw.edu.au">jane.kelly@det.nsw.edu.au</a>   | 9825 7447                     | 9825 7290  | Miller, Macquarie Fields, Cambelltown, Liverpool                              |
| Physical (Miller)                      | TBA   |  | 9682 0404                     | 9682 0380  | Granville, Wetherill Park   |
| Physical Disabilities (Lidcombe)       | Elaine Lindell & Glenda Milczarek             | <a href="mailto:elaine.lindell@det.nsw.edu.au">elaine.lindell@det.nsw.edu.au</a><br><a href="mailto:glenda.milczarek@det.nsw.edu.au">glenda.milczarek@det.nsw.edu.au</a> | 9643 4537                     | 9643 4539  | Lidcombe, Bankstown, Padstow  |
| Psychiatric Disabilities (Miller)      | Grant Cameron & Gail Giannitsopoulos (Acting) | <a href="mailto:grant.cameron@det.nsw.edu.au">grant.cameron@det.nsw.edu.au</a>   | 9825 7307                     | 9825 7290  | Miller, Liverpool, Campbelltown, Macquarie Fields, Granville, Wetherill Park. |
| Psychiatric Disabilities               | Sue Tory                                      | <a href="mailto:sue.tory@det.nsw.edu.au">sue.tory@det.nsw.edu.au</a>   | 9722 5378                     | 9722 5453  | Padstow, Bankstown, Lidcombe  |
| Vision Impairment (Padstow)            | Des Lean-Fore                                 | <a href="mailto:des.leanfore@det.nsw.edu.au">des.leanfore@det.nsw.edu.au</a>   | 9722 5358                     | 9722 5453  | Padstow, Lidcombe, Bankstown, Cambelltown                                     |
| Vision Impairment (Miller/Granville)   | Juliet Bishop                                 | <a href="mailto:juliet.bishop@det.nsw.edu.au">juliet.bishop@det.nsw.edu.au</a>   | 9682 9631<br>9825 7477        | 9825 7290  | Miller, Granville, Macquarie Fields, Liverpool, Wetherill Park                |

# UNIVERSITIES

Every University has a support person available to discuss individual needs of students and assist with planning and goal setting. Two websites are available with up-to-date information and your NDCO (bottom of page) can also assist.

**For contact details and names of departments only, [www.adcet.edu.au/Uni\\_Disability\\_Advisors.chpx](http://www.adcet.edu.au/Uni_Disability_Advisors.chpx)**

**Current information including names can be found at <http://www.uac.edu.au/documents/disability-contacts.pdf>**

It is recommended that students make contact with this person early, to facilitate a smooth transition to the new learning environment. Everybody has a disability at some time (allergies, diseases, flu) which may impact temporarily.

| Organisation   | Contact  | Phone                                     | Fax                                   | Other Details  |
|--|--|---|---------------------------------------|--|
| Australian Catholic University<br>Disability Advisors, Equity and Disability Unit  | Strathfield Campus<br>Sandra Windmill.<br>25A Barker Rd Strathfield 2135.  | 9701 4300                                 | 0701 4233                             | sandra.windmill@acu.edu.au   |
|  | North Sydney Campus<br>Marina Zochil.<br>40 Edward St North Sydney 2060.   | 9739 2370                                 | 9739 2458                             | marina.zochil@acu.edu.au   |
| Macquarie University<br>Student Disability Service   | Steve Bailey.<br>Level 2, C8A Lincoln Building<br>Macquarie University Sydney 2109   | 9850 6494                                 | 9580 6063<br>tty 9850 6493            | disability@mq.edu.au   |
| University of NSW<br>Student Equity and Disabilities Unit  | Laurie Alsop   | 9385 6351                                 | 9385 6262                             | l.alsop@unsw.edu.au  |
|  | Rita Kusevskis-Hayes<br>John Goodsell Building - Room G7<br>University of NSW Sydney 2052  | 9385 4734                                 |                                       | r.kusevskis-hayes@unsw.edu.au  |
| University of Sydney (Sydney)<br>Disability Services Manager   | Dr Kathryn Elbourne. Level 5<br>G02 - Jane Foss Russell Building<br>University of Sydney 2006  | 8627 8433                                 | 8627 8482                             | disserv@stuserv.usyd.edu.au  |
| University of Technology<br>Special Needs Services   | Marie Flood. Student Services Unit<br>UTS Sydney, Broadway 2007.   | 9514 1177                                 | 9514 1172<br>tty 9514 1164            | special.needs@uts.edu.au   |
| University of Western Sydney -<br>Kerri Heavens, Penrith South   | Senior Disability Advisor UWS<br>Locked bag 1797<br>Penrith South DC 1797  | 9685 9266                                 | 9685 9613                             | k.heavens@uws.edu.au   |
| University of Wollongong.<br>Disability Liaison Officer, Student Services<br>disability_services@uow.edu.au  | Petria McGoldrick. UOW Northfields<br>Avenue Wollongong 2522   | 4221 4942                                 | 4221 5667                             | petria_mcgoldrick@uow.edu.au   |
| National Disability Co-ordination Officer (NDCO) Program.<br>The NDCO program aims to assist people with disabilities to move from school to the community, into higher education, training and subsequent employment. | * Shane Smith - St George,<br>Sutherland, Inner West and Eastern<br>Suburbs.<br>* Debi Toman - Inner & Central<br>Western Sydney, Canterbury / | * Shane - 8878 0511<br>* Debi - 9685 9315 | * Shane-9807 7053<br>* Debi-9685 9613 | shanesmith@med.usyd.edu.au<br>www.cdds.med.usyd.edu.au/dco/<br>d.toman@uws.edu.au<br>www.uws.edu.au/ndco |

# Acronyms

## **Department of Education and Training - DET**

AP - Assistant Principal  
ATAR (formerly UAI) - Australian Tertiary Admission Rank  
DET - Department of Education and Training  
DEEWR - Department of Education, Employment and Workplace Relations  
DPC - Disability Programs Consultant  
ESL - English as a Second Language  
HT - Head Teacher  
ITP - Individualised Transition Plan  
NDCO - National Disability Coordination Officer  
SSLO (formerly TAS) - School Support Learning Officer  
SSO - Student Services Officer  
STLA - Support Teacher Learning Assistance  
STT - Support Teacher Transition  
VET - Vocational Education and Training

## **ADHC**

ADHC - Ageing Disability & Home Care  
CP - Community Participation (Program)  
DP - Day Programs  
ILP - Individual Lifestyle Plan  
PSO - Post School Options (old funding)  
PSP - Post school Programs  
TTW - Transition To Work  
DHS - Department of Human Services

## **Australian Disability Enterprises - ADE**

CBF - Case Based Funding  
CRN - Centrelink Reference Number  
EAP - Employment Assistance Plan  
FaHCSIA - Families, Housing, Community Services & Indigenous Affairs  
FOFMS - FaHCSIA Online Funding Management System  
SE - Supported Employment

## **General**

AAC - Australian Apprenticeship Centre  
AUSLAN - Australian Sign Language  
BEN - Business Education Network  
CALD - Culturally & Linguistically Diverse  
CIC - Construction Induction Card (Formerly White Card)  
DEAN - Disability Education Association NSW/ACT  
HACC - Housing and Community Care  
HO - Head Office  
LGA - Local Government area  
PWD - People With Disabilities  
RTO - Registered Training Organisation  
TBA - To Be Announced

## **Acronyms for Australian Disability Services - DESs**

ACE - Adult and Community Education  
CRN - Centrelink Reference Number  
DES - Disability Employment Service  
DAAWS - Disabled Australian Apprentice Wage Support  
DSP - Disability Support Pension  
JCA - Job Capacity Assessment  
PIN - Personal Identification Number  
PSP - Personal Support Program  
YAL - Youth Allowance  
DMS - Disability Management Service: Not long term e.g. CRS  
ESS - Employment Supported Service: Long term support / permanent disability.  
GTO - Group Training Organisation  
TBI - Traumatic Brain Injuries

## **TAFE - Technical & Further Education**

TC - TAFE Teacher Consultant